Parathyroid Hormone and Bone Mobilization in Vitro*

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ALAN TENENHOUSE,† RICHARD MEIER, AND HOWARD RASMUSSEN‡

From the Department of Biochemistry, University of Wisconsin, Madison, Wisconsin 53706

SUMMARY

A two-phase system in vitro has been developed for studying the bone-mobilizing effects of parathyroid hormone. Phase I consists of the incubation of hormone with ascites cells, and Phase II is the incubation of Phase I supernatant with dead bone powder. The mobilization of labeled calcium from this powder is the index of hormonal activity. The response to hormone is apparent at 10^{-8} M hormone, appears specific for parathyroid hormone, and has striking analogies to hormone action upon living bone in vivo and in vitro.

One of the well established, direct effects of parathyroid hormone is its ability to bring about the resorption of bone in vivo and in vitro (1-7). Numerous studies have been carried out in an effort to define the mechanism of this effect (8-14). Most of these studies have employed the technique of administering hormone to experimental animals and, at a suitable time thereafter, removing bone to study its metabolism. Particular emphasis has been placed upon alterations in energy metabolism and associated changes in the production of metabolic acids, particularly citrate and lactate (2, 7-11, 13-17). These metabolic alterations have been produced by grossly impure parathyroid extracts. Recent evidence indicates that there is a peptide, other than the parathyroid hormone, in such extracts which has profound effects in vitro upon glycolysis and Krebs cycle activity (18, 19). Thus, it is not clear whether the reported metabolic changes are important aspects of parathyroid hormone action or are the results of the action of contaminating peptides. This reservation and the lack of a complete correlation between citrate production and bone resorption indicate the need for a careful and cautious appraisal of the acid mobilization theory of Neuman and Neuman (15). Nevertheless, the recent findings of an effect of parathyroid hormone upon ionic fluxes across the mitochondrial membrane (20-24) and the associated changes in oxidative and glycolytic metabolism which these changed fluxes can produce (25-27) make acid mobilization an attractive hypothesis.

It is clear from morphological and biochemical studies (7) that hormone administration leads to destruction of the matrix as well as dissolution of bone mineral. A hormonally induced increase in the collagenase activity of bone may well be an important aspect of hormonal action (28). Likewise, hormone is known to bring about differentiation of bone cells, particularly the cells often associated with bone destruction, the osteoclasts (29, 30). Both of these latter effects mean that hormone probably alters ribonucleic acid and protein synthesis in bone cells; this conclusion finds indirect support from the fact that actinomycin D and puromycin block the mobilization of calcium from bone in parathyroidectomized animals given parathyroid hormone (31, 32). However, it should be made clear that our early studies concerning the effects of actinomycin D indicated an initial elevation of the serum calcium in parathyroidectomized rats treated with hormone (31). This is consistent with the more recent evidence of Talmadge (33) and implies that hormone has a direct effect upon preexisting osteolytic cells, which is not blocked by actinomycin D, and a secondary effect of recruiting more osteolytic cells from nonosteolytic precursors, which is prevented by the prior administration of actinomycin D.

Detailed biochemical exploration of the action of hormone upon bone is made difficult by the low ratio of cellular to noncellular components in this tissue, as well as by the marked heterogeneity of the cell population involved. Some small successes have been achieved with the use of bone slices prepared from young animals, but the technical difficulties involved have restricted the usefulness of this type of preparation. Hence, a critical need is that of obtaining a simpler system in which to study this complex phenomenon.

Our approach was predicated upon the assumption that parathyroid hormone influences the metabolism of cells other than those in kidney and bone (21, 34-36). Our aim was to develop, if possible, a system containing a relatively homogenous population of cells which would bring about hormone-induced bone resorption in a well defined medium. Shortly after the present work began with Ehrlich ascites tumor cells, Borle and Neuman indicated that they had achieved some success in obtaining effects of hormone upon cells grown in tissue culture. This work has been published recently (37) and presents morphological evidence that parathyroid hormone added to cultures of HeLa cells brings about changes in cellular morphology, an increased mitotic activity, an increased rate of cell division, the appearance of multinucleated cells, and, most important of all, the development by these cells of osteolytic activity. Of particular interest was their observation that hormone produced a decrease in cell adhesiveness, indicating the possibility that the hormone altered the properties of the cell membrane. This is of considerable in-

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‡ Present address, Department of Biochemistry, University of Pennsylvania, Philadelphia.

1 A. Borle, personal communication.
tion added to 2.4 ml of incubation medium containing 120 mM NaCl, 5 mM KCl, $1 \times 10^{-4}$ M MgCl₂, and 10 mM sodium phosphate buffer, pH 7.4. Finally, 1 ml of packed cells was suspended in a total volume of 8 ml of the same solution. The incubations were carried out in a Dubnoff shaker maintained at 37°. The incubation mixture consisted of 0.5 ml of cell suspension with bone powder in a modified Krebs-Ringer-phosphate medium; and Phase II, the incubation of bone powder in the supernatant obtained from Phase I.

Phase I—Ehrlich ascites carcinoma cells of the LePage strain were grown in Swiss white mice. They were harvested 5 to 7 days after inoculation. Usually, sufficient cells were obtained from one mouse to carry out 12 to 15 separate incubations. The cells were harvested by low speed centrifugation in a clinical centrifuge and washed three times with a solution containing 120 mM NaCl, 5 mM KCl, $1 \times 10^{-4}$ M MgCl₂, and 10 mM sodium phosphate buffer (pH 7.4). Finally, 1 ml of packed cells was suspended in a total volume of 8 ml of the same solution. The incubations were carried out in a Dubnoff shaker maintained at 37°. The incubation mixture consisted of 0.5 ml of cell suspension added to 2.4 ml of incubation medium containing 120 mM NaCl, 5 mM KCl, $1 \times 10^{-4}$ M MgCl₂, 10 mM sodium phosphate buffer (pH 7.4), and 10 mM glucose. Parathyroid hormone, prepared by the method of Hawker, Glass, and Rasmussen (19), was dissolved in sufficient 0.001 N acetic acid so that the addition of 0.1 ml of solution gave the desired final hormone concentration. A similar amount of 0.001 N acetic acid was added to the control flasks. When other additions were made, they replaced an equal volume of medium so that the final volume was 3 ml. After a 1-hour incubation with air as the gas phase, the mixture was chilled, the supernatant was separated from the cells by centrifugation, its pH was adjusted to the desired value with NaOH, and then it was made up to a volume of 3.5 ml with H₂O. In Phase II, 3 ml of this mixture were used.

Phase II—This phase consisted of the incubation of 7 mg of dried powdered bone labeled with $^{44}$Ca in 3 ml of the supernatant from Phase I for 2 hours at 37° in a Dubnoff shaker with air as the gas phase. The supernatant was then separated from the bone by filtration through Whatman No. 2 filter paper on a Buchner funnel under vacuum. An aliquot of the filtrate was plated, dried, and counted in an automatic gas flow, end window Geiger counter.

The bone was prepared by subcutaneous injection of a solution containing 20 $\mu$C of $^{44}$Ca into 1-week-old Swiss white mice. They were killed at various times after injection. The parietal bones were collected, boiled for 5 min in deionized water, rinsed, dried overnight in an oven at 100°, and then ground to a fine powder in a mortar and pestle. The standard bone preparation was obtained from 4-week-old mice, 3 weeks after isotope injection.

Within any single experiment the variation between duplicate samples was ±5%.

**RESULTS**

If parathyroid hormone was added directly to a suspension of bone powder, there was no increased release of $^{44}$Ca from the bone powder. However, when the hormone was incubated initially with Ehrlich ascites cells (Phase I) for 1 to 2 hours, it caused the release of some factor into the medium which was
Table I

<table>
<thead>
<tr>
<th>Hormone (100 μg per ml)</th>
<th>4Ca</th>
<th>Percentage of control</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>210</td>
<td></td>
</tr>
<tr>
<td>Parathyroid hormone</td>
<td>339</td>
<td>+61.3</td>
</tr>
<tr>
<td>Peak 3</td>
<td>186</td>
<td>-11.0</td>
</tr>
<tr>
<td>Insulin</td>
<td>165</td>
<td>-21.0</td>
</tr>
<tr>
<td>Growth hormone</td>
<td>206</td>
<td>-2.0</td>
</tr>
<tr>
<td>Parotin</td>
<td>207</td>
<td>+27.0</td>
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Table II

<table>
<thead>
<tr>
<th>Condition</th>
<th>4Ca release</th>
<th>Change</th>
</tr>
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<tbody>
<tr>
<td>Control</td>
<td>270</td>
<td>401</td>
</tr>
<tr>
<td>No glucose; air</td>
<td>249</td>
<td>279</td>
</tr>
<tr>
<td>Glucose (10 mM); N&lt;sub&gt;2&lt;/sub&gt;</td>
<td>304</td>
<td>294</td>
</tr>
<tr>
<td>No glucose; N&lt;sub&gt;2&lt;/sub&gt;</td>
<td>302</td>
<td>241</td>
</tr>
</tbody>
</table>

Fig. 3. The response of a standard Phase II system to Phase I supernatant from hormone-treated cells as a function of the time of Phase I incubation. The results are plotted as the percentage of stimulation above control values obtained with the Phase I supernatant from control flasks. The effect of control Phase I supernatant was not altered with time of incubation. The hormone concentration was 5 μg per ml. Specific activity of the bone was 5500 cpm of 4Ca per mg.

Fig. 4. The specific activity, in counts per min per mg of dried bone, of bone obtained from Swiss white mice as a function of time after the injection of 4Ca.

The system was very sensitive to hormone, as shown in Fig. 2. In this case, the percentage of stimulation produced by Phase I supernatant obtained from hormone-treated cells, as compared to controls incubated with bone for 2 hours (Phase II), is plotted as a function of the hormone concentration employed in Phase I. A maximal effect was obtained with 1 to 7 μg of hormone per ml, depending upon its purity. Higher concentrations actually led to significant inhibition of the maximal response.

The response was specific for parathyroid hormone, as shown in Table I. Peak 3, a peptide isolated from bovine parathyroid glands (19), stimulated glucose conversion to lactate and CO₂ when added to ascites cells (19), but did not augment calcium mobilization. Parotin stimulated 4Ca release by 27%, and insulin inhibited by 21%. These effects, although small, cannot be completely attributed to experimental error. The significance of these results is not clear, and further work is in progress to clarify this problem. Note that the concentrations of the other hormones were 100 times greater than that needed for a maximal effect with parathyroid hormone.

The hormonal effect in Phase I required the addition of both glucose and oxygen (Table II). It is not yet known whether other substrates can substitute for glucose. The Phase I reaction is time-dependent (Fig. 3); a maximal effect is obtained between 1½ and 3 hours. Prolonged incubation resulted in loss of the effect.

Phase II of the system is critically dependent upon the age of the bone and the pH and ionic composition of the medium. The time between 4Ca injection into the mice, used for preparing the bone, and the harvesting of the bone was a critical factor in determining the responsiveness of the system. The specific activity (counts per min of 4Ca per mg of bone powder) as a function of time after 4Ca injection is plotted in Fig. 4. The maximal specific activity was found between 3 and 4 weeks. This bone proved to be the best for demonstrating the hormonal effect.

As shown in Fig. 5, the pH at which the Phase II incubation was carried out determined the magnitude of the calcium mobilization produced by a constant amount of Phase I supernatant from hormone-treated cells. There was a pH optimum at approximately 9.1 when Phase I supernatant from hormone-treated cells was employed, but none with Phase I supernatant from control cells. When the incubation was carried out at this
Actinomycin D (0.1 µg per ml) incubated for 15 min at 80°C. Nevertheless, the prior incubation of proteins. Consistent with this observation was an increase in the response to Phase II was a protein or proteins. This possibility is being examined but no definite conclusion is possible. The present evidence and that obtained by Borle and Neuman (37) indicate that hormone has no direct effect upon bone dissolution as reported by Gordon (43). An advantage of the present system over that of Borle and Neuman (37) is the more rapid onset of measurable hormonal changes, the use of completely defined media, and the ability to separate the over-all complex process into two distinct phases. These advantages make possible the study of the effects of hormone upon cellular activity in the absence of bone and the study of the resorptive process in the absence of cells. It is well to point out that the manner in which our bone was prepared may have an important bearing upon the results obtained. Bone prepared by our method has less 45Ca 2 weeks after injection than at 3 or 4 weeks. Our interpretation of this finding is that the boiling of the bone leads to dissolution of the bone mineral in the readily exchangeable component (partially calcified bone) but not from more mature, calcified, nonexchangeable bone. At 2 weeks there is a higher percentage of the total bone in the exchangeable or partially calcified form, and a greater proportion of 45Ca is in this compartment. Maturation leads to the appearance of a greater percentage of 45Ca in mature, fully calcified bone. Thus, in terms of the system in vivo, the present results imply that hormone mobilizes calcium from mature bone, a conclusion in keeping with kinetic studies in vivo (34, 44). However, it is possible that parathyroid hormone alters the exchange of mineral in the exchangeable compartment of bone in vivo. The present system in vivo is not suitable to test this possibility.

**Fig. 5.** The mobilization of 45Ca from bone powder by Phase I supernatant from control (lower curve) and hormone-treated cells (upper curve) as a function of the pH in Phase II. Phase I incubation, 1.5 hours with 50 µg of hormone per ml; Phase II incubation, 2 hours. Specific activity of the bone was 5900 cpm of 45Ca per mg.

**TABLE III**

<table>
<thead>
<tr>
<th>Effect of actinomycin D and p-fluorophenylalanine on parathyroid hormone-stimulated 45Ca release from bone powder</th>
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<tbody>
<tr>
<td>Phase I, 1.5 hours of incubation; Phase II, 2 hours of incubation, pH 9.1. Specific activity of the bone is 9000 cpm of 45Ca per mg.</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Additions</th>
<th>45Ca release</th>
<th>Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>247</td>
<td>411</td>
</tr>
<tr>
<td>Actinomycin D (0.1 µg per ml)</td>
<td>245</td>
<td>254</td>
</tr>
<tr>
<td>p-Fluorophenylalanine (0.1 mM)</td>
<td>211</td>
<td>210</td>
</tr>
</tbody>
</table>

pH 9.1, whereas histochemical evidence suggests that the pH at sites of bone resorption is on the acid side of neutrality (41, 42). No simple explanation of this discrepancy is apparent.

Much of our evidence is consistent with the view that the substance appearing in the supernatant when ascites cells are treated with hormone is a protein or proteins. This possibility is being examined but no definite conclusion is possible.

It is not clear why incubation of cells with hormone in Phase I leads to an initial appearance, and then the subsequent disappearance upon more prolonged incubation, of the bone-mobilizing substance.

Several apparent differences exist, however. Most striking is the fact that the mobilization of calcium in Phase II has a pH optimum at pH 9.1, whereas histochemical evidence suggests that the pH at sites of bone resorption is on the acid side of neutrality (41, 42). No simple explanation of this discrepancy is apparent.
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REFERENCES

**Parathyroid Hormone and Bone Mobilization in Vitro**
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