Navigating the B<sub>12</sub> Road: Assimilation, Delivery, and Disorders of Cobalamin*  
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The reactivity of the cobalt-carbon bond in cobalamins is the key to their chemical versatility, supporting both methyl transfer and isomerization reactions. During evolution of higher eukaryotes that utilize vitamin B<sub>12</sub>, the high reactivity of the cofactor coupled with its low abundance pressured development of an efficient system for uptake, assimilation, and delivery of the cofactor to client B<sub>12</sub>-dependent enzymes. Although most proteins suspected to be involved in B<sub>12</sub> trafficking were discovered by 2009, the recent identification of a new protein reveals that the quest for elucidating the intracellular B<sub>12</sub> highway is still far from complete. Herein, we review the biochemistry of cobalamin trafficking.

Cofactors are variously deployed in nature to stabilize macromolecular structures, expand catalytic functionality, transport gases, transduce signals, and function as sensors. Due to their relative rarity and/or reactivity, cells have evolved strategies for sequestering and regulating the movement of cofactors from their point of entry into the cell to their point of docking in target proteins (1). A subset of cofactors, i.e. the vitamins, is obtained in a precursor form from the diet. Reactions catalyzing the assimilation of inactive cofactors into their active forms are integral to their trafficking pathways. Similarly, elaboration of metals into clusters often occurs on chaperones that subsequently transfer the cofactor to target proteins. The interprotein transfer of metals can occur via ligand exchange reactions that are driven by differences in metal coordination geometry and affinity between the donor and acceptor proteins (2, 3). Seclusion of cofactors in chaperones during assembly-processing into their active forms minimizes unwanted side reactions, whereas guided delivery averts dilution and promotes specificity of cofactor docking.

In contrast to our understanding of cellular strategies used for trafficking metals (4–6) and metal clusters (7), significantly less is known about strategies for shepherding organic and organometallic cofactors to target proteins. This picture has been changing, however, with the convergence of clinical genetics and biochemical approaches that are beginning to illuminate an elaborate pathway for assimilation and delivery of dietary vitamin B<sub>12</sub> or cobalt-containing cobalamin, a complex organometallic cofactor (8–10). Much less is known about how the tetrapyrrolic cousins of B<sub>12</sub>, e.g. iron protoporphyrin (heme), nickel corphin (F430), and magnesium chlorin (chlorophyll), are guided to specific destinations.

In this minireview, we describe a model for mammalian cobalamin trafficking, which includes strategies for conversion of inactive precursors to the active cofactor forms methylcobalamin (MeCbl)<sup>3</sup> and 5′-deoxyadenosylcobalamin (AdoCbl); coenzyme B<sub>12</sub> and discuss the human diseases that result from impairments along the trafficking highway. We posit that the navigation strategy for B<sub>12</sub>, in which a rare, reactive, and high value cofactor is sequestered and targeted to client proteins, might represent a general archetype for the trafficking of other essential but scarce organic and organometallic cofactors.

B<sub>12</sub> Chemistry and Catalysis

Cobalamin, discovered as the antipernicious anemia factor, was first crystallized in the cyanocobalamin (CNCbl) form (11), which is technically vitamin B<sub>12</sub>. The biologically active alkylcobalamins, MeCbl and AdoCbl, serve as cofactors for the methyltransferase and isomerase families of B<sub>12</sub> enzymes, respectively (12). Although mammals have only two B<sub>12</sub>-dependent enzymes, methionine synthase and methylmalonyl-CoA mutase (MCM), there are many “handlers” that tailor dietary B<sub>12</sub> and deliver it to its target enzymes (8, 9). The existence of the B<sub>12</sub> trafficking pathway was suggested by careful clinical genetics studies spanning several decades on patients with inborn errors of cobalamin metabolism (10).

Chemically, cobalamins comprise a central cobalt atom that is coordinated by four equatorial nitrogen atoms donated by the tetrapyrrolic corrin ring (Fig. 1a). A bulky base, 5,6-dimethylbenzimidazole (DMB), extends from one edge of the corrin ring and coordinates the cobalt at the lower or α-axial position. The identity of the upper or β-axial ligand varies and includes cyano, aquo, methyl, and 5′-deoxyadenosyl groups. Ironically, 6 decades after its discovery, the origin and biological relevance of the cyano group remain unknown, although we have recently described a decyanase activity in the processing pathway (13), which allows utilization of CNCbl used in vitamin supplements. As the cobalt oxidation state decreases from $3^+ \rightarrow 2^+ \rightarrow 1^+$, the coordination number typically decreases from 6 $\rightarrow$ 5 $\rightarrow$ 4. In solution, alkylcobalamins preferentially exist in the six-coordinate “base-on” state, which is in contrast to the “base-off/His-on” state found in the active site of both mammalian B<sub>12</sub> enzymes (Fig. 1b) (14, 15). Because the $pK_a$ for the base-on to base-off transition ranges from −2.13 to 3.17 depending on the identity of the upper axial ligand (16), the base-on conformation predominates at physiological pH.

The cobalt-carbon bond in alkylcobalamins is inherently weak and holds the key to the reactivity of this cofactor. The

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<sup>3</sup> The abbreviations used are: MeCbl, methylcobalamin; AdoCbl, 5′-deoxyadenosylcobalamin; CNCbl, cyanocobalamin; MCM, methylmalonyl-CoA mutase; DMB, 5,6-dimethylbenzimidazole; AdoMet, S-adenosylmethionine; ATR, adenosyltransferase.
In the bloodstream, cobalamin is associated with two carriers, transcobalamin and haptocorrin. It is estimated that ∼20% of the circulating cobalamin is bound to transcobalamin, whereas the remainder, including incomplete B$_{12}$ derivatives, is bound to haptocorrin (24, 25). Transcobalamin preferentially binds the intact cobalamin cofactor, representing a second level of molecular sieving out of degraded derivatives that could potentially compete with and inhibit B$_{12}$-dependent enzymes (20, 26). Transcobalamin binds B$_{12}$ avidly and mediates its transport across cells following complexation with the transcobalamin receptor, which is internalized in the lysosome (27). Lysosomal degradation of transcobalamin by resident hydrolases releases cobalamin, which is retained and further processed intracellularly.

Despite their low sequence identity (∼25%), the human cobalamin-binding proteins share a common evolutionary origin, with transcobalamin being the oldest, followed by intrinsic factor and haptocorrin (28). Biochemical studies with native or recombinant proteins indicate that all three proteins bind a single equivalent of B$_{12}$ with high affinity ($K_d < 1$ pmol), albeit with different specificities (20). Both transcobalamin and intrinsic factor bind cobalamin in a base-on conformation, whereas the binding mode for haptocorrin depends on the lower axial ligand. In addition to cobalamins, haptocorrin can bind cobinamides, B$_{12}$ analogs that lack the DMB moiety, cannot be converted to the active cofactor forms by mammals, and account for ∼40% of the total plasma corrins (29). Although a definitive role for haptocorrin remains to be established, its suggested functions include a role in B$_{12}$ storage and in removal of inhibitory corrinoid derivatives.

**Lysosomal Egress of Cobalamin**

Transport of cobalamin across the lysosomal membrane requires two membrane proteins with apparently distinct functions: LMBD1 and ABCD4 (Fig. 2) (30, 31). Defects in the genes encoding these two transporters result in accumulation of B$_{12}$ in the lysosome and are classified as cblF (LMBD1) and the recently discovered cblI (ABCD4) complementation groups (31, 32). Subcellular localization studies indicate that both LMBD1 and ABCD4 co-localize with other lysosomal proteins such as LAMP1; however, the precise role of each protein in the lysosomal export of cobalamin is unclear. Transport of free cobalamin into prokaryotes and the export of cobalamin from mammalian cells are fuelled by ATP hydrolysis (23, 33). ABCD4 is an ATP-binding cassette transporter, which might be the true lysosomal cobalamin transporter that is assisted by LMBD1. Alternatively, LMBD1, a putative transmembrane protein, might facilitate passive transport of cobalamin across the lysosomal membrane. In this model, ABCD4 could be involved in an ATPase-driven loading of B$_{12}$ from the lysosome onto LMBD1 and/or in releasing the cobalamin cargo from LMBD1. Functional studies using fibroblasts from patients with cblI and cblF defects indicate that the two transporters can only partially complement each other, and therefore, it is likely that they act synergistically. Clearly, biochemical studies are needed to decipher their function in the lysosomal egress of cobalamin. We have previously suggested that the release of cobalamin in the acidic environment of the lysosome favors formation of the
The crystal structure of CblC revealed a flavin reductase fold (Fig. 3a) (35). Flavin binds at the dimer interface in two structurally related flavin reductases, BluB and iodotyrosine deiodinase. However, solution studies indicate that CblC exhibits remarkable chemical versatility by its ability to cleave cobalt-carbon bonds via both homolytic and heterolytic mechanisms, depending on the nature of the upper axial ligand (Fig. 3b) (38). Mechanistically, the dealkylation reaction resembles the first half-reaction catalyzed by methionine synthase, in which the thiolate of homocysteine displaces the methyl group in MeCbl to form the thioether methionine and cob(I)alamin (Fig. 3c) (38). Similarly, in the CblC-catalyzed dealkylation reaction, the glutathione thioether forms upon transfer of the alkyl group in addition to cob(I)alamin. When CNCbl is in the active site, electrons provided by free or protein-bound reduced flavin promote reductive homolytic cleavage, leading to cyanide elimination (13, 35). Based on UV-visible and EPR spectroscopy, base-off cob(II)alamin has been identified as the other product of the reductive elimination, consistent with a homolytic cleavage reaction mechanism. The modest decyanation and dealkylation rates exhibited by CblC are apparently sufficient to handle the flux through the cobalamin processing pathway to meet cellular needs. Fibroblasts derived from cblC patients confirm that CblC is required for processing alkyl- and cyanocobalamins for apportioning dietary B12 into MeCbl and AdoCbl, respectively (39).

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FIGURE 3. Biochemical functions of CblC and CblD. a, the structure of human CblC with MeCbl (Protein Data Bank code 3SC0). MeCbl (red) is bound in a base-off conformation, with the DMB tail located in a side pocket. The flavin reductase domain is shown in yellow. The arginine residues that are mutated in patients are shown in stick representation. b, reactions catalyzed by CblC. c, localization of mutations in CblD that lead to impaired AdoCbl or MeCbl synthesis and the minimal length required for binding to CblC. MLS, mitochondrial leader sequence.

The dimer interface is stabilized by interactions between residues belonging to a highly conserved “PNRRP” loop (37). The increase in the proportion of dimeric CblC in the presence of AdoCbl and FMN to ~50% of the total protein in solution but to a lesser extent in the presence of MeCbl raises questions about the physiological relevance of the dimeric structure. Further studies are clearly needed to address this issue. An arginine-rich pocket located in the vicinity of the cobalamin-binding site (Fig. 3a) is suggested to be important for glutathione binding because mutations of highly conserved arginine residues impair binding (37).

The cblD complementation group represents the most complex and intriguing class of inherited cobalamin defects. Patients classified in this group exhibit isolated or combined methylmalonic aciduria and homocystinuria (40, 41). Mutations located in the N and C termini of the encoded CblD protein (also known as MMADHC (methylmalonic aciduria type D and homocystinuria)) are associated with methylmalonic aciduria and homocystinuria, respectively (Fig. 3c) (40, 41). Only the full-length CblD protein is seen in normal cell lines (42). However, translation initiation at two alternative sites, Met-62 and Met-116, has been invoked to explain how patient mutations predicted to lead to premature termination are bypassed in a subset of cblD patients. These shorter CblD variants are competent in the MeCbl (but not AdoCbl) synthesis pathway.

Studies on the ΔN11 (lacking the mitochondrial leader sequence) and ΔN61 (starting at the second methionine initiation codon) CblD variants identified disordered regions in the N terminus of the protein that decrease its stability (36). Studies on fibroblasts derived from cblD patients that express shorter CblD variants revealed that the N-terminal 115 amino acids are not required for MeCbl synthesis (42). They are also not required for binding to CblC (43). The structural determinants needed for AdoCbl synthesis are harbored within a stretch of residues extending from positions 62 to 116 (42).

Despite the presence of a predicted B₁₂-binding sequence, CblD does not bind B₁₂, suggesting that its involvement in intracellular B₁₂ delivery might be exerted indirectly (36). The ability of CblC and CblD to form a complex that is stabilized particularly in the presence of alkylcobalamin and glutathione (43) indicates that CblD might assist in the delivery of cobalamin from CblC to downstream targets.

MeCbl Synthesis

Methionine synthase, encoded by the cblG locus in humans (44–46), catalyzes the methyl transfer from \( N^5 \)-methyltetrahydrofolate to homocysteine in two half-reactions (Fig. 4a) (47). First, the methyl group is transferred from MeCbl to homocysteine to give methionine and cob(II)-alamin. Second, the supernucleophilic cob(I)alamin removes the methyl group from \( N^5 \)-methyltetrahydrofolate to give tetrahydrofolate and re-forms MeCbl. Occasional oxidation of the bound cob(I)alamin to the inactive cob(II)alamin state necessitates repair via a reductive methylation reaction, in which the methyl group of S-adenosylmethionine (AdoMet) is transferred to cobalamin in the presence of the electron donor NADPH and the diflavin oxidoreductase methionine synthase reductase, encoded by the cblE locus (Fig. 2).

Mutations in cblG and cblE loci result in isolated hyperhomocysteinemia, i.e. without methylmalonic aciduria (48). Human methionine synthase is an ~140-kDa monomeric protein that is predicted to be modular, like its better studied bacterial counterpart. The four modules in bacterial methionine synthase bind homocysteine, \( N^5 \)-methyltetrahydrofolate, cobalamin, and AdoMet, respectively (49). Methionine synthase reductase shuttles electrons derived from NADPH to methionine synthase-bound cobalamin (50, 51). The reduction of cob(II)alamin to cob(I)alamin by methionine synthase reductase is thermodynamically unfavorable (52, 53) and driven by kinetic coupling to the exothermic methyl group transfer reaction (54). The coupled reactions convert cob(II)alamin to MeCbl. Hence, in addition to rescuing inactive enzyme generated during the catalytic turnover cycle, it also represents a mechanism for the in situ synthesis of
ATP-dependent cob(II)alamin adenosyltransferase (ATR) catalyzes the synthesis of AdoCbl and is encoded by the \textit{cblB} locus (57, 58). ATR is a bifunctional mitochondrial enzyme that catalyzes the formation of AdoCbl and subsequently transfers the cofactor to the ATR-utilizing enzyme, MCM (Fig. 4b) (59). UV-visible, magnetic circular dichroism, and EPR spectroscopy studies have established that cob(II)alamin is bound to ATR in a four-coordinate base-off state (60–62). The base-off state makes reduction of cob(II)alamin to cob(I)alamin, which precedes the adenosyl transfer step, more facile. In solution, the redox potential of cob(II)alamin/cob(I)alamin is approximately $-500 \, \text{mV}$ versus $-610 \, \text{mV}$ for the base-on versus base-off states (63). It is not known if a dedicated reductase couples to the ATR. \textit{In vitro} studies have demonstrated that flavoprotein oxidoreductases such as methionine synthase reductase, ferredoxin, and flavodoxin can couple to ATRs (64, 65).

The structures of mammalian and bacterial ATRs reveal a homotrimeric organization in which the active sites are located between adjacent subunits (66). For the ATR from \textit{Methylobacterium extorquens}, which is the best studied, both AdoCbl and ATP bind with negative cooperativity, and only two of the three available active sites are used at any given time (59, 67). The non-equivalence of the active sites appears to be an allosteric strategy for controlling the delivery of AdoCbl from ATR (67). Binding of ATP triggers the ejection of a single equivalent of AdoCbl, presumably from the low affinity site of ATR to MCM, resulting in direct transfer of the cofactor (Fig. 4b). This strategy of chaperoned delivery averts loss of the cofactor by dilution in the cellular milieu and its conversion to the unwanted base-on state. The pathogenic C-terminal truncation mutation compromises the ability of ATR to sequester AdoCbl and instead promotes its release into solution (68).

Although the base-off conformation of AdoCbl in ATR is mirrored in the active site of MCM, the coordination environments are distinct, an important geometric consideration for the interprotein cofactor transfer process. Thus, in ATR, the cobalamin is four-coordinate, and the funnel-shaped $B_{12}$-binding site leaves the DMB tail exposed to solvent. In MCM, the cobalamin is five-coordinate by virtue of a histidine ligand donated by the protein serving as a lower axial ligand. The histidine residue appears to be crucial for the translocation of AdoCbl from the active site of ATR to the mutase, and its substitution with alanine or asparagine impairs the transfer process (59). In contrast, the histidine mutations have little impact on the $K_D$ for AdoCbl binding from solution. These results suggest a model for cofactor transfer in which the histidine residue in the mutase transiently coordinates the cobalt in ATR, facilitating the relocation of AdoCbl to the mutase. Interestingly, mutation of conserved residues in a hinged lid motif that enforces the base-off conformation in ATR compromises mutase activity \textit{in vivo} (66).

A G-protein Editor of MCM

In the reaction catalyzed by MCM, the only isomerase found in mammals, AdoCbl serves as a radical reservoir, generating cob(II)alamin and the reactive 5'-deoxyadenosyl radical that catalyzes the overall transfer of a methyl group from holomethionine synthase (56).

MeCbl from cob(II)alamin, loaded into the active site of apomethionine synthase. It is unclear how cob(II)alamin bound to CbIC is transferred to the methionine synthase and what role CbID plays in this process. Methionine synthase reductase has been postulated to assist in the cofactor docking process (55). However, although the interaction between these proteins appears to stimulate cofactor docking to methionine synthase \textit{in vitro}, a compulsory role for methionine synthase reductase \textit{in vivo} is unlikely, as fibroblasts derived from patients with \textit{cbLE} defects have 84–100% holomethionine synthase (56).
MeaB enhances the mutase exhibits GTPase-activating protein activity. In turn, the other. MeaB has low intrinsic GTPase activity, which is mediated by the ligands and substrates bound to each protein (75).

The activities of MeaB and the mutase are each influenced by nucleotide-dependent conformational plasticity, and mutations in this region are also pathogenic (79). We speculate that this region might play a critical role in bidirectional communication between MCM and its G-protein partner.

Summary

The exciting discoveries over the past decade of genes that are culpable for cobalamin disorders have opened doors to biochemical investigations of their functions. Although homology has served to clue us into function in some cases (e.g. ATR), the lack of relatedness at a sequence level to any known protein (e.g. CblC and CblD) has challenged efforts in others. The recent discovery of a duo of membrane proteins that lead to trapping of the cofactor in the lysosome when mutated raises questions about their individual function and whether one serves as a bona fide transporter and the other as an assistant. The multifunctionality of the CblC protein, which keeps busy as a decyanase, a dealkylase, and a flavin reductase, raises many questions about how this monomeric protein functions as a proverbial “jack-of-all trades” and how it transfers the tightly bound cob(I)alamin product to client proteins. The role of CblD in this transfer process is a complete mystery. Similarly, the identities of the mitochondrial membrane importers for cobalamin are unknown, as is the reductase on which the ATR function depends. The mechanism of busy bidirectional signaling between MCM and the G-protein chaperone, which orchestrates gating, guiding, and repair functions, awaits elucidation.

The combination of structural and functional studies on cobalamin trafficking promises to illuminate this pathway and possibly general strategies for how rare cofactors are handled within cells.

REFERENCES

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