Farnesoid X receptor induces Takeda G-protein receptor 5 cross-talk to regulate bile acid synthesis and hepatic metabolism

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The bile acid-activated receptors, nuclear farnesoid X receptor (FXR) and the membrane Takeda G-protein receptor 5 (TGR5), are known to improve glucose and insulin sensitivity in obese and diabetic mice. However, the metabolic roles of these two receptors and the underlying mechanisms are incompletely understood. Here, we studied the effects of the dual FXR and TGR5 agonist INT-767 on hepatic bile acid synthesis and intestinal secretion of glucagon-like peptide-1 (GLP-1) in wild-type, Fxr<sup>−/−</sup>, and Tgr5<sup>−/−</sup> mice. INT-767 efficaciously stimulated intracellular Ca<sup>2+</sup> levels, cAMP activity, and GLP-1 secretion and improved glucose and lipid metabolism more than did the FXR-selective obeticholic acid and TGR5-selective INT-777 agonists. Interestingly, INT-767 reduced expression of the genes in the classic bile acid synthesis pathway but induced those in the alternative pathway, which is consistent with decreased taurocholic acid and increased tauromuricholic acids in bile. Furthermore, FXR activation induced expression of FXR target genes, including fibrolast growth factor 15, and unexpectedly Tgr5 and prohormone convertase 1/3 gene expression in the ileum. We identified an FXR-responsive element on the Tgr5 gene promoter. Fxr<sup>−/−</sup> and Tgr5<sup>−/−</sup> mice exhibited reduced GLP-1 secretion, which was stimulated by INT-767 in the Tgr5<sup>−/−</sup> mice but not in the Fxr<sup>−/−</sup> mice. Our findings uncovered a novel mechanism in which INT-767 activation of FXR induces Tgr5 gene expression and increases Ca<sup>2+</sup> levels and cAMP activity to stimulate GLP-1 secretion and improve hepatic glucose and lipid metabolism in high-fat diet-induced obese mice. Activation of both FXR and TGR5 may therefore represent an effective therapy for managing hepatic steatosis, obesity, and diabetes.

Bile acids are known to regulate lipid, glucose, and energy homeostasis through activation of FXR<sup>2</sup> and TGR5 (Takeda G-protein receptor 5 (also known as Gpbar-1 for G-protein-coupled bile acid receptor-1)) (1, 2). Bile acid synthesis in the liver generates two primary bile acids, cholic acid (CA) and chenodeoxycholic (CDCA), in humans (3). However, in mouse liver, CDCA is converted to α- and β-muricholic acids (α/β-MCAs) due to the expression of a unique Cyp2c70 enzyme in mouse but not in human liver (4). Cholesterol 7α-hydroxylase (CYP7A1) is the first and rate-limiting enzyme in the classic bile acid synthesis pathway, whereas sterol 12α-hydroxylase (CYP8B1) catalyzes CA synthesis. The alternative bile acid synthesis pathway is initiated by steroid 27-hydroxylase (CYP27A1), followed by oxysterol 7α-hydroxylase (CYP7B1) to produce mainly CDCA. The relative contributions of these two pathways to total bile acid synthesis determines bile acid composition and hydrophobicity of the bile acid pool. Bile acids are conjugated to glyco or tauro for secretion into gallbladder bile. In the ileum, bile acids are reabsorbed, and gut bacterial bile salt hydrolases de-conjugate bile acids, whereas 7α-dehydroxylase converts CA and CDCA to deoxycholic acid (DCA) and lithocholic acid (LCA), respectively (2). CA (EC<sub>50</sub> = 586 μM) and CDCA (EC<sub>50</sub> = 17 μM) are the endogenous ligands of FXR, whereas T-LCA (EC<sub>50</sub> = 0.03 μM) and DCA (EC<sub>50</sub> = 1.01 μM) are more effective in activating TGR5 (5, 6). Enterohepatic circulation of bile acids from the intestine to the liver activates FXR, which induces a small heterodimer partner (SHP) to inhibit transcription of the Cyp7a1 and Cyp8b1 genes and ultimately bile acid synthesis. In the intestine, FXR induces fibrolast growth factor 15 (FGF15), which activates hepatic FGF receptor 4 signaling to further inhibit Cyp7a1 gene transcription (7).

Activation of FXR is thought to be beneficial in improving insulin and glucose sensitivity in diabetes and non-alcoholic fatty liver disease (NAFLD) (2, 8–10). Paradoxically, deficiency or antagonism of intestine FXR was shown to improve obesity, insulin resistance, and NAFLD (11, 12), but activation of intestinal FXR also improves metabolic disease in diabetic mice (13).

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2 The abbreviations used are: FXR, farnesoid X receptor; CA, cholic acid; CDCA, chenodeoxycholic acid; CYP7A1, cholesterol 7α-hydroxylase; CREB, cAMP response element-binding protein; DCA, deoxycholic acid; LCA, lithocholic acid; G-protein-coupled bile acid receptor-1; FXRE, FXR response element; GLP-1, glucose-dependent insulinotropic polypeptide; Tgr5, Takeda G-protein receptor 5; FXR, farnesoid X receptor; CA, cholic acid; CDCA, chenodeoxycholic acid; CYP7A1, cholesterol 7α-hydroxylase; CREB, cAMP response element-binding protein; DCA, deoxycholic acid; LCA, lithocholic acid; G-protein-coupled bile acid receptor-1; FXRE, FXR response element; glc, glucose; CAMP, cyclic 8-bromo-AMP; FXR, FXR response element; nt, nucleotide; RXR, retinoid X receptor; h, human; CMC, critical micelle concentration; T, tauro.

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FXR and TGR5 cross-talk

Thus, the role and mechanism of FXR in the regulation of lipid and glucose metabolism and NAFLD are controversial and not completely understood.

The role of TGR5 in the regulation of hepatic bile acid metabolism has not been explored. TGR5 is widely expressed in many tissues, including intestine, gallbladder, liver (Kupffer cells, not hepatocytes), and brain (5, 6, 14). In the gastrointestinal tract, activation of TGR5 by bile acids and synthetic agonists protects intestinal barrier function, reduces inflammation, and stimulates gallbladder filling and GLP-1 secretion from enteroendocrine L cells (15, 16). GLP-1 is an intestinal incretin produced in L cells through processing of pre-proglucagon by prohormone convertase 1/3 (PC1/3) and is released in response to meal intake (17). GLP-1 stimulates insulin synthesis, increases postprandial insulin secretion from pancreatic β cells, and improves insulin resistance (18). GLP-1 secretion is stimulated by nutrients in the intestinal lumen, such as carbohydrates, fats, proteins, and bile acids (15, 19). Activation of TGR5 increases intracellular cAMP to stimulate cAMP-dependent protein kinase A (PKA), which activates AMP-response element-binding protein and induces thyroid hormone deiodinase 2 to stimulate energy metabolism in brown adipose tissues, and to alleviate obesity and hepatic steatosis in diet-induced obese mice (20, 21). TGR5 is not expressed in hepatocytes, and its role in the regulation of hepatic glucose and lipid metabolism is not understood. Recently, TGR5 was reported to play a key role in regulation of bile acid synthesis and fasting-induced hepatic steatosis in mice (22).

Drugs targeting FXR and TGR5 were developed recently to treat cholestasis and NAFLD (2). The FXR-selective agonist obeticholic acid (OCA, INT-747; 6α,ethyl-3α,7α-dihydroxy-5β-cholan-24-oic acid; EC50 = 0.099 μM) was approved to treat primary biliary cholangitis patients and is in clinical trials for non-alcoholic steatohepatitis (23, 24). INT-767 (6α-ethyl-3α,7α,23(S)-trihydroxy-24-nor-5β-cholan-23-sulfate sodium salt) is a dual FXR and TGR5 agonist (EC50FXR = 0.03 μM; EC50TGR5 = 0.63 μM) (25) and has been shown to improve NAFLD and diabetes in diabetic mice and LDLr−/−/ApoE−/− mice (25–27). The TGR5-selective agonist INT-777 (6α-ethyl-23(S)-methyl-3α,7α,12α-trihydroxy-5β-cholan-24-oic acid; EC50 = 0.82 μM) stimulates GLP-1 secretion and improves glucose homeostasis (20). However, the role of INT767 in regulation of bile acid synthesis and the underlying mechanism in anti-diabetes and obesity remain unclear and require further study.

In this study, INT-767, OCA, and INT-777 were orally administered to mice to study their effects on hepatic bile acid synthesis, glucose and lipid metabolism, and intestinal GLP-1 secretion in wild-type, Fxr−/−, and Tgr5−/− mice. The data suggest that the dual FXR and TGR5 agonist INT-767 was highly efficacious in activating intestinal FXR, inducing TGR5 gene expression, and stimulating cellular Ca2+ concentration and GLP-1 secretion to improve glucose and insulin tolerance and lipid metabolism. INT-767 treatment reduced body weight and improved hepatic bile acid, lipid, and glucose metabolism and increased insulin sensitivity in high fat diet-induced obese mice. INT-767 has great therapeutic potential for treating NAFLD, diabetes, and obesity.

Results

Differential effects of INT-767, OCA, and INT-777 on hepatic bile acid, glucose, and lipid metabolism

Oral gavage of 30 mg/kg FXR-selective agonist OCA, TGR5-selective agonist INT-777, and dual FXR and TGR5 agonist INT-767 to wild-type C57BL/6J mice was carried out to study their effects on intestinal GLP-1 secretion and liver metabolism. Results show that the INT-767 significantly improved glucose tolerance, whereas OCA and INT-777 did not (Fig. 1A). INT-767 and INT-777 rapidly stimulated glucose-induced GLP-1 secretion peaking at 15 min post-administration, whereas the effect of OCA was weaker (Fig. 1B). INT-767 and INT-777, but not OCA, significantly increased Akt inhibition phosphorylation indicating increased hepatic insulin signaling (Fig. 1C). OCA and INT-767, but not INT-777, significantly reduced total bile acid pool size (intestine, liver, and gallbladder) by reducing intestinal bile acid contents (Fig. 1E). Among the three agonists tested, INT-767 is most effective in stimulating GLP-1 secretion, improving serum lipid profile, and stimulating glucose and insulin sensitivity. Although OCA increased serum GLP-1 and reduced serum lipids, it did not significantly increase glucose tolerance or hepatic insulin signaling.

OCA is known to inhibit bile acid synthesis and decrease the bile acid pool (28). INT-767 did not affect bile acid synthesis and pool size (22), whereas the effect of INT-767 on bile acid synthesis has not been studied. Fig. 2A shows that OCA and INT-767, but not INT-777, significantly reduced liver mRNAs encoding Cyp7a1 in the classic bile acid synthesis pathway. All three agonists reduced mRNA for Cyp8b1 involved in cholic acid synthesis. Interestingly, only INT-767 significantly increased mRNA for Cyp7b1 in the alternative bile acid synthesis pathway and for mitochondrial Cyp27a1, which initiates the alternative pathway. OCA and INT-767 increased mRNA levels of S&h and the canalicular bile salt expert pump (Bsep) indicating activation of FXR signaling in hepatocytes (Fig. 2A). Immunoblotting analysis shows that INT-767, but not INT-777, significantly reduced Cyp7a1 and Cyp8b1 protein expression but increased Cyp7b1 and Cyp27a1 protein expression (Fig. 2B), consistent with their effects on mRNA expression levels (Fig. 2A). INT-767 and OCA, but not INT-777, reduced steroid-response element-binding protein-1c (Srebp1c) and fatty-acid synthase (Fasn), but not diacylglycerol acetyltransferase (Dgat) involved in lipogenesis, and induced carboxylesterase-1 (Ces-1) involved in triglyceride hydrolysis (Fig. 2C). OCA significantly induced mRNA for hepatic apolipoprotein CII (Apo-CII), an activator of lipoprotein lipase and peroxisomal proliferator-activated receptor-γ coactivator-1α (Pgc1α) in energy metabolism, but reduced ApoCIII, an inhibitor of lipoprotein lipase. INT767 strongly induced ApoCII mRNA expression. These agonists also reduced mRNA expression of phosphonopyruvate carboxikinase (Pepck) and glucose-6-phosphatase (G6pase) involved in gluconeogenesis (Fig. 2D). Overall, these results indicate that INT-767 is more effective than OCA in regulation of bile acid synthesis by inhibiting the classic pathway and stimulating the alternative pathway for bile acid syn-
thesis to improve hepatic lipid and glucose metabolism via activation of hepatic FXR signaling and inhibition of lipogenesis and increasing lipoprotein metabolism.

**INT-767 altered bile acid synthesis**

Effects of OCA and INT-777, but not INT-767, on bile acid composition have been reported (22, 28). Analysis of gallbladder bile acid composition, which represents newly synthesized bile acids and bile acid recirculation to the liver from intestine, shows that INT-767 decreased TCA and CA, increased T-/H9252-MCA and T-/H9275-MCA, but had no effect on T-LCA and LCA contents in gallbladder bile (Fig. 3A). T-/H9252-MCA is a primary bile acid synthesized in mouse liver, and T-/H9275-MCA is a secondary bile acid produced by the gut microbiota. INT-767 reduced unconjugated bile acids and increased tauro-conjugated bile acids in gallbladder bile. Increasing T-MCA and decreasing of TCA by INT-767 reduced hydrophobicity of bile (Fig. 3B). Effect of INT-767 on bile acid composition is consistent with changes of bile acid synthesis gene expression (Fig. 2, A and B) and indicates switching of bile acid synthesis from the classic to the alternative pathway.

**Fxr induces Tgr5 gene expression in mouse intestine**

Fig. 4A shows that OCA and INT-767 significantly induced FXR target gene mRNA levels in the ileum, including Shp, Fgf15, organic solute transporter 1α (Osta), and Ostβ mRNA levels, whereas the apical sodium-dependent bile acid transporter (Asbt) mRNA expression was not affected. Surprisingly, OCA and INT-767 strongly induced Tgr5 mRNA expression. Interestingly, these FXR agonists also induced prohormone
convertase 1/3 (PC1/3), which processes pre-proglucagon to GLP-1 in L cells. These data provide the first evidence that FXR might induce intestinal Tgr5 and Pc1/3 gene expression to stimulate GLP-1 processing and secretion. However, these FXR agonists did not affect pro-glucagon (Gcg) mRNA expression in mouse ileum, in contrast to a previous report that the FXR-selective agonist GW4064 inhibited Gcg expression (29). Consistently, intestinal Fgf15, Shp, Ostα, Tgr5, and Pc1/3 mRNA levels were all reduced in the ileum of Fxr−/− mice compared with wild-type mice (Fig. 4B). Immunoblotting analysis showed that TGR5 protein levels were induced in the ileum of OCA or INT767-treated wild-type mice but were reduced in Fxr−/− mice and absent in the intestine of Tgr5−/− mice (Fig. 4C). OCA and INT767 significantly increased PC1/3 protein expression in Glutag cells (Fig. 4D). Overall, these results suggest that activation of FXR induced Pc1/3 and Tgr5 mRNA and protein expression to increase processing of pro-proglucagon to GLP-1 for secretion.

**TGR5 promoter has a functional FXR-responsive element**

To study the mechanism of FXR induction of TGR5 expression, an inverted repeat with one-nucleotide spacing (IR1) was identified on the proximal promoter of the human TGR5 gene, which is highly conserved in the mouse Tgr5 gene (lower panel, Fig. 5A). To test whether this putative FXRE is functional, a human TGR5 promoter (nt −500 to −298)/luciferase reporter was constructed for use in transient transfection assays in STC-1 cells. INT-767 significantly stimulated human TGR5 promoter/luciferase reporter activity (Fig. 5B). Mutation of the IR1 sequence decreased basal reporter activity, which was not stimulated by OCA or INT-767. These data suggest that this FXRE in the human TGR5 promoter is functional and responsive to stimulation by INT-767. An electrophoretic mobility shift assay revealed that in vitro transcribed and translated FXR and FXR/RXRα heterodimer retarded the mobility of a labeled TGR5 probe containing the FXRE or the SHP probe used as a
positive control (Fig. 5C). Addition of unlabeled TGR5 probe (cold) or mutant TGR5 probe abolished the band shift. These results indicate that the IR1 site on the human and mouse Tgr5 promoter binds FXR/RXRα occupancy on the mouse Tgr5 promoter containing the FXRE compared with the vehicle-treated and non-immune-IgG control (Fig. 5D). INT-767 significantly increased PGC1α occupancy at the Tgr5 promoter consistent with the reporter assay in Fig. 5, B and D. OCA and INT-767 did not significantly affect the occupancy of nuclear receptor co-repressor 1 (NCOR1) to the Tgr5 promoter. Overall, these results suggest that the IR1 motif on the Tgr5 promoter binds FXR/RXRα in the present of OCA and INT-767. Activation of FXR by INT-767, but not OCA, recruits PGC1α to stimulate Tgr5 gene transcription indicating OCA is a weaker FXR agonist than INT-767.

Both FXR and TGR5 are involved in stimulating GLP-1 secretion in vivo

The role of intestinal FXR and TGR5 in stimulating glucose-induced GLP-1 secretion was further examined using wild-type, Fxr−/−, and Tgr5−/− mice. Glucose-induced GLP-1 secretion in serum was reduced by about 40% in Tgr5−/− or Fxr−/− mice as compared with wild-type mice indicating both receptors are involved in glucose-induced GLP-1 secretion (Fig. 6A). In Tgr5−/− mice, FXR is expressed, and INT-767 treatment significantly stimulated GLP-1 secretion indicating that activation of FXR stimulated GLP-1 secretion (Fig. 6B). In Fxr−/− mice, TGR5 is expressed at lower levels (see Fig. 4B), and INT-767 did not significantly increase GLP-1 secretion (Fig. 6C). These results indicate that both FXR and TGR5 are involved in stimulating GLP-1 secretion. However, FXR plays a critical role in GLP-1 secretion even in the absence of TGR5. To further study the effect of FXR agonists in the regulation of lipid metabolism, FXR target gene mRNA was measured in Tgr5−/− and Fxr−/− mice treated with INT-767 and INT-777. In Tgr5−/− mice, only INT-767 induced ApoCII and reduced ApoCIII, Serb-1c, Scd-1, and Cyp7a1, whereas no changes were observed in Fxr−/− mice, indicating that activation of FXR improved hepatic lipid metabolism in Tgr5−/− mice (Fig. 6D). However, neither INT-767 nor INT-777 inhibited hepatic gluconeogenic gene mRNA expression in Fxr−/− and Tgr5−/− mice (Fig. 6E), in contrast to their inhibitory effects on gluconeogenic gene mRNAs in wild-type mice (see Fig. 2C). OCA and INT-767 reduced liver triglycerides and cholesterol in wild-type and Tgr5−/− mice but not Fxr−/− mice (Fig. 6F). These data suggest that FXR and TGR5 play an important role in the regulation of gluconeogenesis, and FXR plays a critical role in regulation of hepatic lipid metabolism.

FXR agonists regulate intracellular [Ca2+] and cAMP activity to stimulate glucose-induced GLP-1 secretion from L cells

Intestinal Glutag cells were used to study the mechanism of intestinal FXR and TGR5 signaling in stimulating glucose-induced GLP-1 secretion from L cells, which express both TGR5 and FXR (29). INT-777 and INT-767 significantly stimulated glucose-induced GLP-1 secretion from Glutag cells (Fig. 7A). Addition of the L-type Ca2+ channel inhibitor phloretin reduced the agonist-stimulated and glucose-induced GLP-1 secretion from Glutag cells indicating that the L-type Ca2+ chan-
nals are involved in agonist-stimulated and glucose-induced GLP-1 secretion. Fluorescent Ca$^{2+}$/H11001-bindng assay showed that INT-767 was much more potent than OCA and INT-777 in inducing cellular [Ca$^{2+}$/H11001] in Glutag cells (Fig. 7B) and in stimulating cAMP-response element-binding protein (CREB) reporter activity in CHO cells overexpressing TGR5 (Fig. 7C). INT-777 and INT-767, but not OCA, stimulated cAMP activity in Glutag cells by PKA assay using Glutag cells (Fig. 7D). RNA silencing was then used to knock down FXR, TGR5, or both FXR and TGR5 in Glutag cells to study the role of FXR and TGR5 in GLP-1 secretion. In Tgr5$^{-/-}$ Glutag cells, the INT-767 and INT-777, but not the OCA-stimulatory effect on GLP-1 secretion, was significantly reduced (Fig. 7E, left panel). In Fxr$^{-/-}$ Glutag cells, the OCA, INT-777, and INT-767 stimulatory effect on GLP-1 secretion was reduced (Fig. 7E, middle panel). In FXR and TGR5 double-deficient Glutag cells (sITgr5/shFxr), INT-767-, OCA-, and INT-777-stimulated GLP-1 secretion was strongly reduced (Fig. 7E, right panel). Overall, these data suggest that activation of both FXR and TGR5 by INT-767 exacerbates glucose-induced GLP-1 secretion from L cells, by stimulating both [Ca$^{2+}$/H11001] and PKA activity.

**INT-767 improved obesity, insulin sensitivity, and hepatic metabolism in diet-induced obese mice**

We then tested the effects of INT-767 treatment to diet-induced obese (DIO) mice. Mice were fed a high fat diet for 5 months, and a group of mice was treated by oral gavage with INT-767 (30 mg/kg, n = 10), OCA (30 mg/kg, n = 10), INT-777 (30 mg/kg, n = 8), or vehicle (0.5% CMC, n = 10) as described under “Experimental procedures.” A, qPCR analysis of ileum FXR target gene expression in wild-type mice. * indicates statistically significant difference (p < 0.05) of treated versus vehicle control. B, relative mRNA expression of FXR target genes in the distal ileum of Fxr$^{-/-}$ (n = 8) and wild-type (n = 8) mice. Results were expressed as means ± S.E. * indicates statistically significant difference of Fxr$^{-/-}$ versus wild-type mice. Student’s t test was used for analysis (p < 0.05). C, immunoblotting analysis of TGR5 protein in distal ileum of OCA, INT-767, INT-777, or vehicle (V)-treated wild-mice, or Fxr$^{-/-}$ mice and Tgr5$^{-/-}$ mice as indicated. D, immunoblotting analysis of FXR and PC1/3 protein expression in Glutag cells treated with 10 μM each of OCA, INT-767, or INT-777 for 12 h in media containing 5 mM glucose.
significantly reduced liver and serum triglycerides and caused a trend to reduce liver and serum cholesterol levels (Fig. 8 C).

Furthermore, INT-767 increased mRNA expression levels of Shp, Cyp7b1, and Cyp27a1 and decreased Cyp8b1 in bile acid synthesis; it decreased G6pase and Pepck in gluconeogenesis but decreased Srebp-1c and Fasn in lipogenesis; and it increased microsomal triglyceride transport protein (Mttp) involved in VLDL assembly and secretion but not Cpt1, Acc-1, and lipoprotein lipase (Lpl) in lipolysis. INT-767 induced intestinal FXR target genes, Tgr5, Shp, Fgf15, organic solute transporter α (Ostα), and Ostβ mRNA expression in DIO mice (Fig. 8E).

These data support that INT-767 inhibited classic bile acid synthesis, although it stimulated the alternative bile acid synthesis to stimulate bile acid signaling to improve hepatic glucose and lipid metabolism. INT-767 reduced fatty acid synthesis but had no effect on fatty acid oxidation. INT-767 stimulation of FXR signaling in the intestine contributed to increasing GLP-1 secretion to improve obesity and insulin sensitivity in DIO mice.

Discussion

This study uncovered a critical role and mechanism of activation of FXR in improving glucose tolerance, insulin sensitivity, and lipid metabolism (Fig. 9). This study reports for the first time that the dual FXR and TGR5 agonist INT-767 induces Tgr5 and Pcle3 gene expression and increases cellular [Ca²⁺]
and cAMP activity, whereas a weaker FXR agonist OCA did not stimulate [Ca^{2+}] or cAMP activity, and finally, the TGR5 agonist INT-777 stimulates cAMP activity but did not increase [Ca^{2+}]. INT-767 was most effective in improving glucose tolerance and hepatic insulin signaling, whereas OCA was effective in improving hepatic lipid metabolism. It has been reported previously that T-CDCA depolarizes membrane potential to trigger [Ca^{2+}] increase and to stimulate insulin secretion from pancreatic β cells (30). Activation of FXR leads to closure of K_{ATP} channel (ABCC8) to depolarize membrane potential and increase [Ca^{2+}] (30). Our data show that an L-type Ca^{2+} channel inhibitor reduced glucose-stimulated GLP-1 secretion from Glutag cells. Activation of FXR also stimulates AKT phosphorylation to increase translocation of glucose transporter 2 to the plasma membrane to stimulate insulin secretion from pancreatic β cells (31). Similar mechanisms may be involved in FXR stimulation of glucose-stimulated GLP-1 secretion in L cells (Fig. 9).

This study shows that INT-767 strongly inhibits Cyp7a1 and Cyp8b1 expression in the classic bile acid synthesis pathway but stimulates Cyp7b1 and Cyp27a1 expression in the alternative pathway and only slightly reduces total bile acid pool size (Fig. 9). Switching from the classic pathway to the alternative pathway reduces TCA and CA and increases T-β-MCA to decrease hydrophobicity of bile. The observed effect of INT-767 on bile
Figure 7. Effect of INT-767, OCA, and INT-777 on GLP-1 secretion, cellular [Ca\(^{2+}\)]\(_i\) and cAMP activity in L cells. A, effects of agonists and L-type Ca\(^{2+}\) channel inhibitor phloretin on glucose-stimulated GLP-1 secretion in Glutag cells. Glutag cells were maintained in 10% FBS and 1% antibiotic media in 24-well plates prior to the experiment. Cells were incubated without glucose media with FXR or TGR5 (10 \(\mu M\) each) agonist or vehicle (DMSO) as described under “Experimental procedures.” GLP-1 was normalized to the amount of protein in the cell and indicated as (pmol/\(\mu g\)). Results were expressed as means ± S.E. Student’s t test was used for statistical analysis. * indicates statistically significant difference of serum GLP-1 between ligand-treated versus vehicle (\(p \leq 0.05\)). # represents significant difference of serum GLP-1 level between ligand-treated versus phloretin-treated.

B, effects of INT-767, OCA, and INT-777 on cellular [Ca\(^{2+}\)]\(_i\) in Glutag cells. Glutag cells were maintained in 96-well plates and incubated with Hanks’ balanced salt solution with loading dye as described under “Experimental procedures” using a Ca\(^{2+}\) fluorescence kit. Initial fluorescence readings were obtained without addition of ligands, designated as \(F_0\), followed by addition of 10 \(\mu M\) each of OCA, INT-767, INT-777, or 8-Br-cAMP (as a positive control) treatment for 20 s, designated as (\(F_t\)). The results were represented as \(F_t/F_0\) versus time in seconds. The assay was performed in quadruplet. * indicates statistically significant difference in \(F_t/F_0\)-treated versus vehicle (\(p \leq 0.05\)). C, CREB reporter assay in CHO cells. CHO cells stably expressing CREB/luciferase reporter were transfected with 0.1 \(\mu g\) of hTGR5 plasmid and treated with different concentrations of FXR agonist indicated or DMSO as vehicle control. The firefly reporter activity (RLU) was normalized with \(\beta\)-gal activity. The assay was performed in quadruplicate. The results were represented by linear regression analysis. D, PKA activity assay. Glutag cells were treated with 10 \(\mu M\) each agonist for 2 h. Total PKA activity ELISA was used to quantify PKA activity. * indicates statistically significant difference in PKA activity in treated versus vehicle (\(p \leq 0.05\)). E, GLP-1 secretion assay of Glutag cells. Left panel, glucose-induced GLP-1 secretion from Glutag cells deficient in TGR5 (siTGR5) compared with siControl. Middle panel, glucose-induced GLP-1 secretion from Glutag cells deficient in FXR (shFXR) compared with shControl. Right panel, glucose induced GLP-1 secretion from Glutag cells deficient in FXR and TGR5 (shFXR and siTGR5) compared with shControl siTGR5. * indicates statistically significant difference in GLP-1 in treated versus vehicle control (\(p \leq 0.05\)). Upper inset shows immunoblotting analysis of TGR5 and FXR in Fxr and Tgr5-deficient Glutag cells. Student’s t test was used for statistical analysis.
acid composition is consistent with our previous report that TGR5 plays a critical role in regulating bile acid composition and fasting induced hepatic steatosis (22). In Tgr5−/− mice, expression of Cyp7b1, a sexually dimorphic and male predominant gene, was reduced (22), consistent with increased Cyp7b1 expression by INT-767 in wild-type mice in this study. In addition, INT-767 activates intestinal FXR to induce intestinal FGF15, which may further inhibit Cyp7a1 via activation of FGF receptor 4 in hepatocytes (Fig. 9). Furthermore, INT-767 treatment rapidly reduced body mass, increased lean mass and reduced fat mass, increased serum GLP-1, and improved insulin sensitivity and hepatic glucose and lipid metabolism in DIO mice. In diabetic mice, hyperinsulinemia and hyperglycemia increases bile acid synthesis due to increased histone acetylation on the Cyp7a1 gene promoter (32). INT-767 reduces expression of hepatic Cyp7a1 and Cyp8b1 in the classic bile acid synthesis pathway but stimulates Cyp7b1 and Cyp27a1 in the alternative bile acid synthesis pathway in DIO mice. In the intestine, INT-767 stimulated FXR signaling indicated by increased Tgr5, Shp, Ostα/h, and Ostβ expression to increasing GLP-1 secretion and improving insulin sensitivity in DIO mice. In diabetic patients, serum bile acid concentrations and the 12α-hydroxylated bile acids (CA and DCA) to non-12α-hydroxylated bile acid ratio (CDCA and LCA) are increased (33). INT-767 may reduce cholic acid synthesis to reduce intestinal absorption of dietary cholesterol and fats and serum cholesterol and triglycerides and to improve glycemic control and diabetes.
Activation of intestinal FXR signaling was shown to protect against NAFLD (13), but deficiency of intestinal FXR was also shown to prevent diet-induced obesity, diabetes, and NAFLD (11, 12). Different mechanisms may be involved in the paradoxical effects of intestinal FXR signaling on obesity and diabetes. Our current results indicate that INT-767 has two actions in the intestine, stimulating production of GLP-1 as well as FGF15 to stimulate hepatic insulin signaling and improve glucose and lipid metabolism. Deficiency in intestinal FXR or antagonizing intestinal FXR activity would alter the gut microbiome and result in stimulating bile acid synthesis to protect against diet-induced obesity and diabetes. This study provides a mechanism and supports recent findings that vertical sleeve gastrectomy does not improve insulin and glucose tolerance in Fxr- and Tgr5-deficient mice, suggesting that both bile acid-activated receptors are involved in improving insulin sensitivity after bariatric surgery (35, 36). In gastric bypass surgery of obese and diabetic patients, the rapid improvement of insulin sensitivity and glycemic control before weight reduction is positively correlated with increased serum bile acids and GLP-1 (37, 38). These studies, in conjunction with our current results, may indicate a pivotal role of bile acid-activated receptors in diabetes. In conclusion, this study discovers a novel mechanism whereby activation of FXR induces TGR5, which alters bile acid composition and increases FGF15, and both FXR and TGR5 may coordinately stimulate GLP-1 secretion from intestinal L cells.
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cells to improve hepatic glucose and lipid metabolism. FXR and TGR5 dual agonists like INT-767 may thus represent promising therapeutic agents for the treatment of cholestasis, NAFLD, and diabetes (25, 26, 39).

Experimental procedures

Mice
Male wild-type C57BL/6J and 8-week-old DIO mice were purchased from The Jackson Laboratory (Bar Harbor, ME). Male Fxr−/− mice (8) and Tgr5−/− mice (40) are on C57BL/6J genetic background and were maintained in an AAALAC certified animal facility at Northeast Ohio Medical University. The Institutional Animal Care and Use Committee of Northeast Ohio Medical University approved all animal protocols. DIO mice were maintained in the facility and fed a high fat diet (D12492, 60% calorie from fat, Research Diet) for 10 more weeks. Other mice were used at 12–16 weeks of age and were maintained on a standard chow diet and water ad libitum and housed in a room with a 12-h light (6 a.m. to 6 p.m.) and 12-h dark (6 p.m. to 6 a.m.) cycle.

FXR agonist treatment and GLP-1 secretion assay
Mice (wild-type C57BL/6J, Fxr−/−, and Tgr5−/−) were treated by oral gavage with the FXR-selective agonist OCA (30 mg/kg, Intercept Pharmaceuticals, New York), INT-777 (30 mg/kg, Intercept Pharmaceuticals), or the FXR and TGR5 dual agonist INT-767 (20) (30 mg/kg, Intercept Pharmaceuticals), once a day for 7–9 days. OCA and INT-767 were dissolved in carboxymethyl cellulose (CMC, 0.5% in water). At 17 weeks, DIO mice were treated by oral gavage with INT-767 (30 mg/kg) or vehicle for 7–9 days.

For GLP-1 secretion assays, mice (wild-type, Fxr−/−, and Tgr5−/−, DIO) were treated by oral gavage with FXR agonists once a day for 6 days. On the 7th day, the mice were fasted for 10 h and orally gavaged with FXR agonists. One h before killing, the mice were orally gavaged with dipeptidyl peptidase-4 (DPP-4) inhibitor, sitagliptin (3 mg/kg), and liquid diet (Ensure Plus, 10 ml/kg, 1.5 calories/ml: 15% protein, 57% carbohydrate, and 28% fat) to stimulate GLP-1 secretion as described (16). Blood samples were collected immediately (time 0), 15 and 30 min after liquid diet gavage, and serum GLP-1 levels were assayed using a GLP-1 (7–37) ELISA kit (Millipore, Billerica, MA).

Knockdown of FXR and TGR5 in Glutag cells
To knock down FXR expression in Glutag cells, shRNA against mouse FXR (in pRN-US neomycin-resistant vector, pRN-luciferase control vector (shControl) Genescript, Piscataway, NJ), provided by Dr. Li Wang, University of Connecticut, Storrs) was transfected into Glutag cells in 6-well plates using Lipofectamine (Clontech) for 6 h. Culture media were supplemented with neomycin (30 μg/ml), and resistant cells were selected for the generation of stable transfected cells lacking FXR (shFxr). Similarly, siRNA against mouse TGR5 (siTgr5, 500 ng, Dharmacon Scientific, Lafayette, CO) and siRNA scrambled control (siControl, 500 ng, Dharmacon Scientific) were transfected to naive Glutag cells and FXR-deficient Glutag cells to generate Glutag cells deficient of TGR5 (siTgr5), and both FXR and TGR5 (siTGR5, shFXR), respectively. Double deletion of FXR and TGR5 in Glutag cells was confirmed by immunoblotting analysis using ab-TGR5 (catalog no. LS-C47388, LS Bioscience, Seattle, WA) and ab-FXR (catalog no. ab85605, Abcam, Cambridge, MA).

Fluorescent Ca2+–binding assay
Glutag cells were maintained in 10% FBS and 1% penicillin/streptomycin in 96-well plates. Cellular [Ca2+] was measured using a FluoForte calcium assay kit (Enzo Life Sciences, Farmingdale, NY). This assay measures intracellular Ca2+–binding activity in response to the activation of G-protein-coupled receptor. Prior to the experiment, the cells were washed and loaded with FluoForte dye for 1 h according to manufacturer’s protocol. Initial fluorescence was measured at 450 nm without ligand and designated as F0. Then 10 μM each of OCA, INT-767, and INT-777 was added to activate TGR5 and/or FXR signaling to stimulate intracellular [Ca2+] binding, and 8-Br-cAMP was added as a positive control to stimulate cellular [Ca2+]. Fluorescence (F) was measured at 525 nm (excitation, 490 nm), every 2 s using a Synergy 4 plate reader (BioTek Instruments, Winosook, VT). The results were represented as F/F0 versus time (seconds).

Bile acid composition analysis
For bile acid quantitation in serum, ileum, colon, and gall-bladder, d3-TCA at 1 μM was used as an internal standard. Samples were prepared by acetonitrile precipitation, and the supernatants were further diluted with 0.1% formic acid. The bile acid standards were purchased from Sigma or Toronto Research Chemicals (Toronto, Ontario, Canada) (41). The mobile phase consisted of a mixture of 0.1% formic acid in water (A) and 0.1% formic acid in acetonitrile (B). The gradient elution was applied. Column temperature was maintained at 45 °C, and the flow rate was 0.4 ml/min. MS detection was operated in negative mode. A mass range of m/z 50 to 850 was acquired. All bile acid standards were purchased from Sigma or Toronto Research Chemicals (Toronto, Ontario, Canada) (41).

Oral glucose and insulin tolerance tests
For glucose tolerance testing, wild-type mice were fasted 6 h and treated by oral gavage with glucose (2 g/kg). For oral insulin tolerance test, DIO mice were fasted for 6 h and injected i.p. with insulin (0.5 units/kg). Blood samples were collected via tail vein, and serum glucose was measured over 2 h using a One-Touch Ultra Mini glucometer (LifeScan; Milpitas, CA).

Lipid analysis
Mice were fasted for 6 h, and liver tissues were homogenized with 2:1 chloroform/isopropyl alcohol followed by evaporation at 60 °C. The resulting lipids were dissolved in water with 2% Triton X-100. Liver and serum cholesterol and triglycerides were analyzed using lipid analysis kits from Thermo Fisher Scientific.
**Cell culture**

Murine enteroendocrine STC-1 and Glutag cells express both FXR and TGR5 and were used to study GLP-1 secretion (15, 42). Glutag cells (provided by Dr. Frank Anania, Emory University, Atlanta, GA, with the permission of Dr. Daniel Drucker, University of Toronto, Ontario, Canada) were maintained in DMEM containing 25 mM glucose with 10% FBS and 1% antibiotic media. STC-1 and CHO cells were purchased from American Type Culture Collection, Manassas, VA, and cultured in DMEM (10% FBS, 1% antibiotic).

**GLP-1 secretion assay in cultured cells**

Glutag cells were incubated in DMEM without glucose and treated with 10 μM OCA, INT-767, INT-777, or vehicle (DMSO) for 8 h. Culture media were replaced by DMEM containing 5 mM glucose. Culture media was collected for GLP-1 assay after incubation for 3 h, with or without treatment with the L-type Ca2+ inhibitor phloretin (5 μM, Sigma). Cells were lysed using RIPA buffer (Cell Signaling Technology, Danvers, MA). GLP-1 levels were measured in cell lysates and normalized to the total protein in cell lysates.

**ChIP assay**

Nuclei were isolated from the proximal ileum of mice treated with OCA or INT-767. ChIP assays were performed with a ChIP assay kit (Millipore, Billerica, MA) as described previously (43). Briefly, the chromatin-containing DNA and proteins in nuclear extracts were cross-linked by formaldehyde, sonicated to fragments of about 500–600 bp, and immunoprecipitated with an antibody against FXR, RXRα, PGC-1α, or NCoR1 (Santa Cruz Biotechnology, Santa Cruz, CA). SYBR Green primers for real-time PCR were designed to amplify the IR1 promoter sequence (NM_001077191) in the region between nt −300 to −100 bp. Cultured cells were fixed with formaldehyde and sonicated to 500–600 bp fragments. Primers were as follows: forward primer, 5'-GGACATTTAGTATTGCTTCTTCTTC-3', and reverse primer, 5'-GGGTTATGAGGCTGAGGTGATGTATTTAT-3'. Whole gels were exposed to films and scanned using a scanner. Bands were sliced from the whole gels based on their absence in knock-out mice or intensity change by agonists.

**Electrophoretic mobility shift assay (EMSA)**

Probes specific for TGR5 and SHP promoters were designed, purchased, and labeled with biotin. Single-stranded oligonucleotides for synthesis of double-stranded probes were from Eurofins Genomics (Huntsville, AL): SHP, forward, 5'-CTGCCCCATAGGACATTAGTACCTTGAGCAAAAATCTCTCTCTGATCAATCTCAGCTGTA-3'; human TGR5 forward, 5'-GGGTTATGAGGCTGAGGTGATGTATTTAT-3'.

**Immunoblotting analysis**

Total tissue and cell lysates were prepared in RIPA buffer (Cell Signaling Technology, Danvers, MA), and proteins were resolved on 10% SDS-polyacrylamide gels. Monoclonal antibodies against AKT and pAKT (ser 473) were purchased from Cell Signaling Technology (catalog no. 9272 and 9271). Anti-TGR5 antibody was purchased from LS Bioscience (catalog no. LS-C47388, Seattle). Loading control histone blot was performed by stripping and re-probing the blot with histone antibody (catalog no. 9715, Cell Signaling Technology). For analysis of Cyp7a1, Cyp8b1, and Cyp7b1, microsomal fractions were isolated from mouse liver (43). Immunoblot analysis was performed using polyclonal antibodies against regulatory enzymes Cyp7a1 and Cyp8b1 (catalog no. Sc25536 and Sc23515, Santa Cruz Biotechnology) and CYP7B1 (Ab136801, Abcam). Liver lysates were used for immunoblotting of mitochondrial CYP27A1 (catalog no. Ab126785, Abcam). Calnexin (catalog no. 2679, Cell Signaling) was used as a loading control for liver lysates. Immunoblots were developed using ECL fast Western blot kit (Thermo Fisher Scientific), and chemiluminescence was visualized using film (Eastman Kodak Co.) or ImageQuant LAS 4000 (GE Healthcare) and quantified by slicing relevant bands from the whole gels, which were verified by molecular weight standard as well as their absence in knock-out mice or induction by agonists in mice or cell lines. Band intensity was quantified by ImageJ software.

**Luciferase reporter assay**

FXRE (IR1, nt −260 to −247) on the human TGR5 and mouse Tgr5 gene promoters was identified by NUBI scans for transcription factor-binding site. The FXRE in the human TGR5 promoter sequence (NM_001077191) was conserved in the mouse TGR5 promoter (NM_174985.1) in the region between nt −500 and −298. For construction of human TGR5 promoter/luciferase reporter, human TGR5 promoter (nt +1990/−10) was amplified using human genomic DNA (Promega Corp., Madison, WI). The amplified PCR fragment was cloned into the MluI and KpnI sites in pGL3 basic luciferase reporter plasmid (Promega Corp.). A QuikChange site-directed mutagenesis kit (Agilent Technology, Santa Clara, CA) was used to mutate the FXRE according to the manufacturer’s protocol. STC-1 cells were grown in DMEM to about 80% confluence in 24-well tissue culture plates. TGR5 luciferase reporter and β-galactosidase (β-gal) expression plasmid (0.1 μg each) were co-transfected into STC-1 cells using Trans-Fast reagent (Promega Corp.) following the manufacturer’s instructions. After 48 h, cells were treated with 10 μM OCA or INT-767 for 12 h. Reporter activity was normalized to β-gal activity to adjust transfection efficiency. The assays were performed in triplicate, and each experiment was repeated at least three times. Data were expressed as means ± S.E. For CREB reporter assay, CHO cells cultured in DMEM were co-transfected with CREB luciferase reporter plasmid (0.2 μg), TGR5 expression plasmids (0.1 μg), and β-gal plasmid (0.05 μg) (Origene, Rockville, MD), and reporter activity was assayed as described above.

**Bile acid pool size**

C57BL/6j mice were treated with INT-767 (30 mg/kg, n = 8), OCA (30 mg/kg, n = 8), INT-777 (30 mg/kg, n = 8), or vehicle (CMC) for 9 days. Mice were fasted for 6 h before sacrifice, and bile acids were isolated from 100 μg of liver and whole intestine and whole gallbladder by a series of ethanol and methanol extractions overnight at 65 °C. Bile acid content was quantified...
**FXR and TGR5 cross-talk**

by Genzyme Diagnostic kit (Cambridge, MA), and bile acid pool size was determined by total bile acids liver, gallbladder, and intestine.

**Quantitative real-time PCR assay (qPCR)**

Total RNA was isolated with Tri-Reagent (Sigma). All primers/probe sets for qPCR were ordered from TaqMan Gene Expression Assays (Applied Biosystems, Foster City, CA). Amplification of glyceraldehyde-3-phosphate dehydrogenase (Gapdh) was used as an internal control. Relative mRNA expression was quantified using the comparative CT ($\Delta CT$) method and expressed as $2^{-\Delta CT}$.

**PKA activity assay**

Glutag cells were maintained in DMEM in 24-well plates and were treated with 10 $\mu$M each of OCA, FEX, INT-767, or INT-777 for 2 h. Cells were harvested, lysed, and analyzed with a PKA kinase activity assay kit (Enzo Life Sciences, Farmingdale, NY), according to the manufacturer’s protocol.

**Statistical analysis**

All experimental data are presented as means ± S.E. Statistical analysis was performed either by Student’s t test for two variants or analysis of variance for multiple variants as specified. $p < 0.05$ was considered statistically significantly different.

**Author contributions**—P. P. contributed to the design and performance of most experiments, data analysis, and preparation of the manuscript; H. L. contributed to performance of animal experiments; S. B. contributed to breeding mice and preparation of the manuscript; C. X. and K. W. K. analyzed bile acid composition by HPLC-MS; F. J. G. contributed to data analysis and manuscript writing. J. Y. L. C. contributed to concept design, data analysis, and writing of the manuscript.

**References**


