Loss of Fgfr1 in chondrocytes inhibits osteoarthritis by promoting autophagic activity in temporomandibular joint

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The temporomandibular joint (TMJ) is a load-bearing joint during jaw movement. Normal loading is important for the development and metabolism of TMJ condyle cartilage. As TMJ bears different levels of mechanical loading in our daily life, temporomandibular disorders is an oral disease with high incidence. TMJ osteoarthritis (OA) is one of the most prevalent conditions of temporomandibular disorders, characterized by progressive loss of articular cartilage, chondrocyte hypertrophy, and subchondral bone sclerosis. There are few effective therapies to prevent and/or treat TMJ OA. Understanding the cellular and molecular mechanisms of TMJ OA will facilitate the identification of novel therapeutic targets for TMJ OA.

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addition, Bouderlique et al. (19) revealed that genetic deletion of Atg5 in chondrocytes leads to the development of OA upon aging. Cartilage-specific deletion of mTOR protects articular cartilage from degeneration, and inhibiting mTORC1 with rapamycin also exerts a protective effect on the progression of experimental OA (20, 21). These findings suggest that autophagy in general is a protective mechanism during the development of OA. However, the role of autophagy in TMJ OA, especially its role in the effect of FGFR1 on TMJ OA, has not been fully clarified.

The decreased autophagic activity in *sumf1* (sulfatase-modifying factor 1)-null mice is accompanied by activated FGF signaling in the growth plate, indicating that FGF signaling is involved in the autophagy of chondrocytes (22). In addition, Zhang et al. (23) found that FGF signaling activates mTOR resulting in suppressed autophagy through the phosphatidylinositol 3-kinase/AKT signaling pathway. Our group revealed that FGF3 inhibits the autophagic activity in the pathogenesis of achondroplasia (24). The evidence indicates that FGF signaling may be involved in OA progression by suppressing autophagy activity.

In this study, we found that *Fgf1* deficiency ameliorates condylar cartilage degeneration in the abnormal dental occlusion OA model and aging-related OA model accompanied by enhanced autophagic activity in TMJ cartilage. Furthermore, our study showed that blockade of autophagy could partially antagonize the protective effect of the FGFRI inhibitor on condylar chondrocytes treated with IL-1β. Thus, we propose that FGFRI signaling in chondrocytes negatively regulates TMJ OA progression in part via its inhibition on the autophagic activity.

**Results**

**FGFR1 expression levels are up-regulated in TMJ cartilage with OA**

We first evaluated the FGFRI expression by immunohistochemistry (IHC) in aberrant biomechanical loading of the OA model of TMJ in mice (Fig. S1, A–D). In contrast to the weak expression of FGFRI in condylar chondrocytes of control mice, the expression level of FGFRI in chondrocytes was gradually increased at the polymorphic layer, the flattened chondrocyte layer, and the hypertrophic layer at 2 and 6 weeks after UAC surgery (Fig. 1, A–C and G). In addition, we also evaluated the FGFRI level in condylar cartilage in the age-associated spontaneous OA model. In this model, the expression of FGFRI was significantly up-regulated at 18 months compared with that at 6 and 12 months (Fig. 1, D–F and H). These expression profiles strongly implicate a potential role of FGFRI signaling in the TMJ OA progression.

**Fgfr1 deletion delays age-related condylar cartilage degeneration**

We next investigated the function of *Fgfr1* in TMJ OA pathogenesis using mice with chondrocyte-specific deletion of FGFRI (Fig. 1). We determined Cre-mediated recombination efficiency using *Col2a1-CreERT2;Rosa26-tdTomato* mice in TMJ. Red fluorescent signals were observed in whole condylar chondrocyte layers except the superficial layer, suggesting high Cre recombination efficiency (85.3%) (Fig. 1, J–M). The efficiency of *Fgfr1* deletion in the condylar cartilage, measured by quantitative RT-PCR, reached 61.21% in *Fgfr1<sup>–/–;</sup>Col2a1-CreERT2* (*Fgfr1* cKO) mice at 2 months after TM injection (Fig. 1N).

We examined the condylar cartilage phenotype of mice with age-associated spontaneous OA. No significantly gross change was observed in the skull and mandible of *Fgfr1* cKO and Cre-negative mice at 6 months (Fig. S2, A–F). The sections of TMJ condylar cartilage were stained with Safranin O/fast green, and no significant differences were observed in histology, including cartilage thickness between *Fgfr1* cKO and Cre-negative mice at the age of 6 and 12 months (Fig. 2, A–D). At the age of 18 months, Cre-negative mice showed OA-like phenotypes in TMJ cartilage, including spontaneous surface fissures at the superficial layer and polymorphic layer, and loss of Safranin O staining (Fig. 2E). In contrast, *Fgfr1* cKO mice showed a comparatively intact structure in TMJ condylar cartilage (Fig. 2F).

Histological analysis showed that the cartilage thickness was similar between the *Fgfr1* cKO mice and Cre-negative mice at three sampling times (Fig. 2G), whereas the percentages of degraded areas in TMJ cartilage were significantly decreased in 18-month-old *Fgfr1* cKO mice (13.71 ± 3.726%) compared with age-matched Cre-negative mice (58.38 ± 5.436%) (Fig. 2H). Furthermore, using the modified Mankin score system (Table S1), we revealed that TMJ cartilage degeneration was significantly attenuated in 18-month-old *Fgfr1* cKO mice when compared with control littermates (Fig. 2I). These results indicate that the development of spontaneous aging-associated TMJ OA is delayed by *Fgfr1* ablation.

**Fgfr1 deficiency attenuates condylar cartilage degeneration in UAC-induced TMJ OA model**

UAC model was utilized to evaluate the effects of *Fgfr1* deficiency on TMJ OA development induced by abnormal mechanical loading. No significant body weight difference was observed among the four groups at the three sampling times (Fig. S1, E–G). 2 weeks after UAC surgery, the intensity of Safranin O staining (Fig. 2J) showed OA-like phenotypes in *Fgfr1* cKO and Cre-negative mice (58.36 ± 5.436%) (Fig. 2K). Furthermore, using the modified Mankin score system (Table S1), we revealed that TMJ cartilage degeneration was significantly attenuated in 18-month-old *Fgfr1* cKO mice when compared with control littermates (Fig. 2L). These results indicate that the development of spontaneous aging-associated TMJ OA is delayed by *Fgfr1* ablation.

Micro-CT evaluation was performed to examine the alterations of subchondral bone after UAC surgery. No significant change was observed at the subchondral bone of *Fgfr1* cKO mice after tamoxifen administration (Fig. 4, A and B). At 4 weeks post-UAC surgery, the larger cavities were observed in Cre-negative mice compared with *Fgfr1* cKO mice (Fig. 4, C and D). Furthermore, quantitative data showed that trabecular bone volume (BV/TV) and trabecular thickness (Tb. Th) in subchondral bone from *Fgfr1* cKO were significantly increased compared...
with that in Cre-negative control mice after UAC surgery (Fig. 4, E–G). These results indicate that deletion of Fgfr1 delays TMJ OA progression induced by UAC surgery.

**Fgfr1 ablation maintains the homeostasis of condylar cartilage**

To investigate the underlying mechanism for the attenuated progression of TMJ OA in Fgfr1 cKO mice, we performed IHC to investigate the pathological changes in two OA models. In the age-associated TMJ OA model, immunostaining data revealed lower expression levels of MMP13, ADAMTS5, and COL10A1 in the condylar cartilage of Fgfr1 cKO mice compared with that of Cre-negative mice (Fig. 5, A–T). Meanwhile, we also examined these catabolic markers in the UAC-induced OA model and found decreased expressions of MMP13, ADAMTS5, and COL10A1 and increased expression of ACAN in Fgfr1 cKO mice compared with Cre-negative mice at 4 weeks after UAC surgery (Fig. S3, A–T). During OA, it is suggested...
that RUNX2 regulates chondrocyte hypertrophy and expressions of ECM-degrading enzymes, and a previous study has shown that activating \( Fgfr1 \) mutation (P250R mutation) could affect the expression of RUNX2. In our two TMJ OA models, immunostaining results showed decreased expressions of phospho-FGFR1 and RUNX2 in \( Fgfr1 \) cKO mice when compared with control littermates (Fig. 6, A–T).

Furthermore, we isolated condylar cartilage from TMJ under a stereomicroscope at 4 weeks after the UAC model. RT-PCR results showed that the expressions of \( Mmp13 \), \( Adamts5 \), \( Col10a1 \), and \( Runx2 \) were decreased by 3.4-, 1.62-, 3.03-, and 1.31-fold in \( Fgfr1 \) cKO mice, respectively, compared with Cre-negative mice after UAC surgery (Fig. 6, U–Y). These RT-PCR data were consistent with our immunostaining data (Fig. S3, A–L and Fig. 6, E–H). Collectively, these findings suggest that \( Fgfr1 \) deficiency decreases the catabolic activity in condylar cartilage.

**Inactivation of Fgfr1 increases autophagic activity in condylar cartilage**

Previous studies implicated that autophagy exerts a protective role in OA progression. To explore the cellular mechanisms underlying the attenuated progression of TMJ OA in \( Fgfr1 \) cKO mice, we examined the effect of FGFR1 signaling on autophagy in vivo and in vitro. First, we detected the protein level of microtubule-associated protein 1 light chain 3\( \alpha \) (MAP1LC3\( \alpha \), hereafter referred to as LC3), a classic marker for autophagosomes membrane, in condylar cartilage by immunofluorescence assay. The results showed that LC3 was expressed in condylar cartilage, and the percentages of cells with LC3 puncta were increased in \( Fgfr1 \) cKO mice compared with that of Cre-negative controls at the age of 2 months (Fig. 7, A–C). Then, primary condylar chondrocytes from \( Fgfr1 \) cKO and Cre-negative mice were isolated and treated with 4-hydroxytamoxifen for 3 days. The conversions from the cytosolic protein LC3-I to the lapidated membrane-bound LC3-II, an indicator of autophagic activity, were examined by Western blotting using specific antibodies. Our results revealed that the ratio of LC3-II/LC3-I was increased by 2.5-fold in \( Fgfr1 \) cKO mice when compared with Cre-negative mice (Fig. 7, D and E). We also determined the protein level of \( p62/SQSTM1 \), a known LC3-binding protein. Western blot analysis revealed that \( p62/SQSTM1 \) protein levels were reduced by 4-fold in TMJ cartilage of \( Fgfr1 \) cKO mice compared with that of control mice (Fig. 7, D and F).

Furthermore, we employed the rat chondrosarcoma (RCS) cell line to examine the effect of FGFR1 signaling on autophagy. Our results showed that the ratio of LC3-II/LC3-I was significantly decreased in RCS cells with transient transfection of myc-FGFR1 compared with empty vector-transfected cells (Fig. 7, G and H). By IHC staining, we also found the increased autophagic activity in condylar cartilage of \( Fgfr1 \) cKO mice compared with Cre-negative mice in two TMJ OA models (Fig. 7, I–R). These results suggested that inactivation of FGFR1 signaling leads to enhanced autophagic activity in condylar cartilage, which may play an important role in the pathogenesis of TMJ OA.
Inhibitors of autophagy suppress the protective effects of G141 in IL-1β-treated condylar chondrocytes

Previously, our group found a non-ATP–dependent FGFR1 inhibitor, G141, and we showed that G141 treatment attenuated the knee joint cartilage degeneration induced by destabilization of the medial meniscus surgery in mice (26). Then we examined whether G141 treatment could inhibit the catabolic events induced by IL-1β in the primary chondrocytes of condylar cartilage. Real-time PCR was used to quantify the expressions of Mmp13, Acan, Col10a1, Col2a1, and Runx2. Consistent with the results of IHC staining except for Col10a1, G141 treatment significantly alleviated the IL-1β–induced catabolic events in condylar chondrocytes (Fig. 8, A–F).

HES-1 is an essential molecule of Notch signaling. Loss of Hes-1 delays osteoarthritis progression via down-regulation of Il-6 and Il1rl1, which are known as pro-inflammatory cytokines in OA (27). Our results showed that G141 treatment decreased IL-1β–mediated up-regulation of Hes-1 expression in chon-
The AP-1 transcription factor consists of either the heterodimer of Jun and Fos proteins or the homodimer of two Jun proteins. AP-1 is known to be involved in the IL-1β activation pathway leading to MMP-13 induction (28). AP-1 is also expressed in articular cartilage (29). This evidence indicates that blocking AP-1–signaling pathways may have chondroprotective effects in cartilage degeneration. Our data showed that the expression of Ap-1 was significantly decreased in IL-1β–treated chondrocytes with FGFR1 inhibition (Fig. 8H). These data suggested that the decreased expressions of Hes-1 and Ap-1 may also participate in regulation of inactivated FGFR1 signaling on OA development.

It is suggested that enhanced autophagic activity exerts protective roles during the development of OA, which may be a potential mechanism underlying the attenuated TMJ OA development observed in Fgfr1 cKO mice. Thus, we examined the effect of two autophagy inhibitors, 3-MA and chloroquine, on the catabolic and anabolic activities in IL-1β–stimulated primary condylar chondrocytes treated with or without G141 treatment. Western blotting results showed the ratio of LC3-II/LC3-I was increased with G141 treatment when compared with autophagy inhibitor 3MA (Fig. 8I). Furthermore, compared with that of the untreated group, Mmp13, Admats5, and Runx2 mRNA levels were up-regulated in two groups treated with either 3-MA or chloroquine except for Col2a1 and Acan mRNA levels (Fig. 8, J–N). These results suggest that Fgfr1 deletion attenuates TMJ OA progression partially via promoting autophagy signaling (Fig. 8O).

**Discussion**

TMJ OA is a widespread degenerative disease in adult characterized by progressive loss of proteoglycan and cartilage. So far, there are few effective treatments to prevent and delay the cartilage degeneration in TMJ, resulting from the largely unknown molecular and cellular mechanism. In this study, we first propose that inactivation of FGFR1 signaling at the adult stage attenuates the development of TMJ OA.

Gain-of-function mutation of FGFR1 has been found to cause Pfeiffer syndrome, a kind of craniosynostosis, which is confirmed by using the mouse model carrying gain-of-function mutation of FGFR1 (30). Because of the abnormal craniofacial development resulting from gain-of-function mutation in FGFR1 or embryonic lethality of global Fgfr1 knockout mice, the role of FGFR1 signaling in the homeostasis of adult TMJ condylar cartilage remains largely unknown. To characterize the functions of Fgfr1 in condylar cartilage homeostasis in vivo, we specifically deleted the Fgfr1 in TMJ cartilage during the adult stage upon two OA models. Histological results showed that Fgfr1 deletion ameliorates the loss of proteoglycan and structural damage of condylar cartilage in the TMJ, suggesting that Fgfr1 deficiency has a chondroprotective effect and attenuates the TMJ OA development.

Multiple studies revealed that FGFR1 signaling exerts catabolic effects on chondrocytes to accelerate articular cartilage degeneration in OA progression (31, 32). In this study, we found that the expression levels of Mmp13, Admats5, and Col10a1 were down-regulated in TMJ cartilage of Fgfr1 cKO mice during the OA process, indicating that inactivation of...
FGFR1 signaling delays condylar cartilage degeneration in the TMJ OA model partially through its inhibition on the catabolic metabolism. The molecular mechanism underlying the catabolic effect of FGFR1 signaling on chondrocytes, however, remains largely unknown. RUNX2 is a well-known transcription factor containing a conserved DNA-binding domain to the *Drosophila* runt gene. RUNX2 plays critical roles in cartilage homeostasis by promoting the expressions of extracellular matrix-degrading enzymes and chondrocyte hypertrophy, resulting in accelerated OA development (33–35). Zhou et al. (30) showed that FGFR1 signaling positively regulates intramembranous bone formation through its up-
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**Figure 6.** A–P, immunohistochemical detection of phospho-FGFR1 and RUNX2 expression performed in TMJ OA models induced by either surgery or aging (n = 5–6 per group). Q–T, percentages of phospho-FGFR1 and RUNX2 immunoreactive positive cells. Q and S, phospho-FGFR1; R and T, RUNX2-positive cells were quantified. U–Y, real-time PCR analysis of Mmp13, Adamts5, Col10a1, Acan, and Runx2 expression in condylar cartilage explants isolated from TMJ of Fgfr1 cKO and Cre-negative mice 4 weeks after UAC surgery (n = 4–6 per group). Scale bar, 50 μm (A–P). Values represent mean (symbols) ± S.D. (error bars). p values between groups with * are less than 0.05. m, month.

**Figure 7.** A and B, LC3 punctate signals were analyzed by immunofluorescence assay from TMJ cartilage of Fgfr1 cKO and Cre-negative mice at age 6 months. C, percentage of cells with LC3 puncta was quantified (n = 4 per group). D, Western blot analysis of the ratio of LC3-II/LC3-I and SQSTM1 expression in the primary condylar chondrocytes from Fgfr1 cKO mice. TM-untreated group were used as controls. The signal intensities, LC3-II/I (E) and SQSTM1 (F), were quantified using software ImageJ (version 1.47) (n = 5–6 per group). G, overexpression of myc-FGFR1 in response to serum starvation for 4 h in the presence or absence of E64d and pepstatin A in RCS cells. H, signal intensity was analyzed (n = 3 per group). The TMJ cartilages were immunohistochemically stained for LC3 in two TMJ OA models (n = 4–5 per group). I–P, the ratios of immunoreactive LC3B positive cells. Q and R, LC3-positive cells were quantified. Scale bar, 50 μm (I–P). Values represent mean (symbols) ± S.D. (error bars). p values between groups with * are less than 0.05. m, month.
regulation of Runx2 expression. Fgr1 with P250R mutation increases the expression of Runx2 in vivo (30). The evidence suggests that FGFR1 may regulate RUNX2 expression in TMJ OA progression. In this study, we found that Fgfr1 deletion decreased RUNX2 expression both in vivo and in vitro, suggesting that Fgfr1 deletion protects TMJ cartilage from degeneration in part through its inhibition on RUNX2 expression.

Recently, autophagy has been considered to play important roles in the cartilage maintenance and progression of OA (36). Several studies revealed that dysregulated autophagy may be implicated in OA. Previously, Zhang et al. (37) observed the autophagy in chondrocytes during the early stage of TMJ OA. In this study, we found that FGFR1 signaling inhibits autophagic activity in condylar cartilage both in vivo and in vitro, indicating that down-regulation of FGFR1 signaling

Figure 8. A–H, primary condylar chondrocytes were treated with G141 (10 μM) for 1 h, followed by treatment of IL-1β (10 ng/ml) for 24 h. Total RNA was isolated, and mRNAs levels of Mmp13, Adamts5, Col10a1, Runx2, Col2a1, Acan, Hes-1, and Ap-1 were detected by RT-PCR (n = 3 per group). 4OH-TM, 4-hydroxytamoxifen. I, Western blot analysis of the ratio of LC3-II/LC3-I expression in chondrocytes. J–N, quantitative PCR analysis of gene expressions in condylar chondrocytes treated with either one of two autophagy inhibitors, 3-MA (10 mM) and chloroquine (50 mM), in G141-treated and IL-1β-stimulated condition (n = 3 per group). O, schematic diagram of the mechanisms underlying the role of FGFR1 signaling in the maintenance of condylar cartilage in adults TMJ. Values represent mean (symbols) ± S.D. (error bars). p values between groups with * are less than 0.05.
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attenuates TMJ OA development partially via promoting autophagic activity. However, the detailed mechanisms for the regulation of autophagy by FGFR1 signaling during the process of TMJ OA remain to be further determined.

To further confirm the role of autophagy in the protective effects of FGFR1 deficiency on TMJ OA progression, we investigated whether the protective effect of G141, a novel FGFR1 inhibitor, on the IL-1β-stimulated catabolic events in condylar chondrocytes is related to the up-regulated autophagic activity. Our results showed that treatment by either one of two autophagy inhibitors could abrogate the decreases in Mmp13, Adamts5, and Runx2 expressions resulting from G141 treatment in IL-1β–treated condylar chondrocytes. Unexpectedly, no remarkable changes in Col2a1 and Acan expressions were observed following treatment of autophagy inhibitors when compared with the control group, indicating that the anabolic effects of FGFR1 deficiency on TMJ cartilage may be independent of autophagy. Cinque et al. (38) suggested that regulation of autophagy, mainly mediated through FGFR4, may be co-regulated with anabolic events during bone development. Interestingly, FGFR1 and FGFR3 are highly expressed in human articular chondrocytes (39). Ellman et al. (12) showed that FGFR3 is involved in the synthesis of ECM components, and our laboratory previously revealed that deletion of Fgfr1 increases the expression of FGFR3 in knee joint chondrocytes (13, 23). We also found the increased expression of FGFR3 in TMJ cartilage of Fgfr1 cKO mice compared with Cre-negative mice after UAC surgery (Fig. S4, A–E). Whether FGFR3 is involved in the anabolic effects of FGFR1 deficiency on TMJ OA requires further investigation. This question could be studied by using genetic modulation approaches such as condylar chondrocyte-specific double Fgfr1 and Fgfr3 knockout mice, which is now ongoing.

In conclusion, we found that Fgfr1 deficiency in condylar chondrocytes attenuates TMJ OA development induced by surgery and aging, partially via promoting the autophagic activity in TMJ. Our findings indicate that FGFR1 plays an injurious role during TMJ OA progression, which helps to understand the mechanism of TMJ OA and facilitate the searching for effective therapies for TMJ OA.

**Experimental procedures**

**Animals**

Fgfr1<sup>fl/fl</sup> mice (Fgfr1 floxed) and Col2a1-CreER<sup>22</sup> mice were genotyped as described previously (13). Fgfr1<sup>fl/fl</sup> mice were crossed with Fgfr1<sup>fl/fl</sup>:Col2a1-CreERT2 mice to obtain Fgfr1<sup>fl/fl</sup>; Col2a1-CreERT2 (Fgfr1 cKO) and Fgfr1<sup>fl/fl</sup> (Cre-negative, Control) mice. Both Col2a1-CreERT2 and Fgfr1<sup>fl/fl</sup> mice were in the C57BL/6j background. Tamoxifen (TM; Sigma) was administered by intraperitoneal (i.p.) injection in male Fgfr1 cKO mice and male Cre-negative littermates at the age of 8 weeks (1 mg/10 g body weight, daily for 5 days). Cre-mediated recombination efficiency was measured by breeding Col2a1-CreERT2 mice with Rosa26-tdTomato reporter mice. TM was administered to 2-month-old mice, and the mice were sacrificed at 4 months to determine recombination efficiency. All mice were maintained in the animal facility (specific pathogen-free level) of the Daping Hospital (Chongqing, China). All experiments were performed according to protocols approved by the Laboratory Animal Welfare and Ethics Committee of Third Military Medical University (Chongqing, China).

**Mouse model of TMJ OA**

The UAC surgery was performed on the left maxillary and mandibular incisors of 8-week-old male mice after 5 days of TM injections according to the methods described previously (3, 40). For the UAC OA model, mice of each genotype randomly divided into two groups (with or without UAC) were sacrificed at 2, 4, and 6 weeks postoperatively (n = 7–9 per group). For the spontaneous OA model, Fgfr1 cKO and Cre-negative mice were administered tamoxifen injections for 5 day at 2 months, and TMJ samples were harvested at 6, 12, and 18 months (n = 5–6 per group).

**Histological assessment**

The TMJ specimen was fixed in 4% paraformaldehyde, decalcified in 15% EDTA/PBS, and embedded in paraffin. Serial sagittal sections were obtained across the TMJ tissue by collecting 5-µm sections at 40-µm intervals. The sections of TMJ cartilage were stained by Safranin O/Fast Green. Microscopic scoring of mouse TMJ condylar cartilage degeneration was performed utilizing a modified Mankin score system according to a previous study (41). All investigators were blinded to allocation in experiments and outcome assessments. Scoring was carried out by three independent investigators. For histomorphometric analysis, the cartilage thickness and cartilage cellular density were quantified by Image-Pro Plus 5.1 (Leeds Precision Instruments, Minneapolis, MN).

**Immunohistochemistry**

Immunohistochemistry was performed using SP-9000 Histostain-Plus kits (ZSGB-BIO, Beijing, China). Briefly, decalcified TMJ tissues were deparaffinized with xylene, and endogenous peroxidase activity was quenched by 3% H<sub>2</sub>O<sub>2</sub> for 15 min, followed by antigen retrieval with trypsin enzyme for 15 min. The tissues sections were then treated with antigen retrieval using 0.1% trypsin and blocked with goat serum for 30 min. Sections were incubated overnight at 4°C with antibodies against the following proteins: FGFR1 (1:100 dilution; Santa Cruz Biotechnology, Dallas, TX); p-FGFR1 (1:100 dilution; Santa Cruz Biotechnology); COL10A1 (1:400 dilution; Abcam, Cambridge, MA); MMP13 (1:300 dilution; Proteintech, Chicago); ADAMTS5 (1:200 dilution; Abcam); aggrecan (1:200 dilution; Millipore, Billerica, MA); RUNX2 (1:200 dilution; Santa Cruz Biotechnology); and LC3B (1:200 dilution; Sigma). After rinsing with PBS, horseradish peroxidase (HRP)-conjugated secondary antibody was applied and stained with a DAB kit. The number of positive cells in the condylar cartilage section was quantified by Image-Pro Plus 5.1.

**Immunofluorescence staining and confocal laser scanning**

Slides were washed with PBS and incubated with blocking solution (1% BSA in PBS) for 30 min and then exposed to anti-LC3B antibody (1:200 dilution; Sigma) at 4°C overnight. After washing three times with blocking solution, slides were incubated to secondary antibodies. The TMJ chondrocytes were...
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recorded using a confocal microscope (Zeiss LSM880, Germany). The percentage of cells with LC3 puncta was quantified according to a previous study. Cre-mediated recombination efficiency in Col2a1-CreERT2::Rosa26-tdTomato mice was determined using Zeiss LSM880 confocal microscope.

Isolation of condylar cartilage and culture of primary chondrocytes

Mice were sacrificed at 4 weeks after UAC surgery, and the condylar cartilage was exposed by blunt dissection as described previously (42). The condylar cartilage was isolated from the subchondral bone under a stereomicroscope and pulverized for RNA extraction.

The chondrocytes of condylar cartilage were isolated from 8-week-old mice after 5 days of TM injections. Dissected tissues with cartilage were first digested with 0.25% trypsinase (Gibco/Life Technologies, Inc.) at 37 °C for 15 min. After removal of muscles, ligaments, and bone tissue, TMJ cartilage was digested with 0.1% collagenase II (Gibco/Life Technologies, Inc.) overnight at 37 °C in a CO2 incubator. Isolated TMJ chondrocytes were seeded onto 12-well plates at 106 cells per well and cultured in DMEM/F-12 containing 10% FBS for 3 days. The condylar chondrocytes were incubated with G141 (10 μM), IL-1β (10 ng/ml) (Peprotech), 3-MA (10 mM) (M9281, Sigma), and chloroquine (50 μM) (C6628, Sigma).

Cell line culture and treatment

RCS cells were cultured in DMEM/F-12 (1:1), supplemented with 5% FBS. Transient transfection (myc-FGFR1) was performed with VigoFect (T001, Vigorous) in accordance with the manufacturer’s protocols. For serum starvation, RCS cells were cultured in serum-free medium for 4 h in the presence or absence of E64d (1 ng/ml) (E8640, Sigma) and pepstatin A (1 ng/ml) (77170, Sigma).

Real-time PCR

Total RNA was extracted from TMJ cartilage tissues and chondrocytes using TRIzol reagent (Invitrogen/Life Technologies, Inc.). Total RNA was reverse-transcribed to cDNA using PrimerScript RT reagent kit (Takara Biotechnology, Otsu, Japan). Relative gene expression was measured with MxPro software provided by the manufacturer (Stratagene, Santa Clara, CA). All samples were measured in triplicate and normalized to internal control cyclophilin A.

X-ray and micro-CT analysis

X-ray images of TMJ tissue were obtained by using an MX-20 Cabinet X-ray system (Faxitron X-Ray, Tucson, AZ). The TMJ tissues were scanned with a Scanco Viva CT 40 instrument (Scanco Medical, Brüttisellen, Switzerland) and analyzed for subchondral bone density according to our previous studies (43, 44). Serial 10.5-μm 2D and 3D images were obtained at 70 kV and 113 mA. Constant thresholds (210) were used to gray scale images to distinguish bone from soft tissue.

Western blotting

The proteins of TMJ chondrocytes were extracted by RIPA lysis buffer containing protease inhibitors (Roche Applied Science). Equal protein samples were resolved by 10 or 12% SDS-polyacrylamide gel and transferred onto a polyvinylidene difluoride membrane (Millipore, Billerica, MA). After being blocked with 8% nonfat milk in TBS/Tween buffer, the membrane was probed with primary and secondary antibodies, followed by detection of the chemiluminescent signal (Pierce, 34080).

Statistical analysis

The data were expressed as the mean ± S.D. Differences between two groups were evaluated by unpaired Student’s t test. One-way analysis of variance was used for comparisons of multiple groups followed by Bonferroni test in this study. Data were analyzed using GraphPad Prism version 6.01 software (GraphPad Inc., La Jolla, CA) and SPSS 19.0 program (IBM, New York). p < 0.05 is considered statistically significant.


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