AMP-activated protein kinase (AMPK), a critical sensor of energy sufficiency, acts as central metabolic switch in cell metabolism. Once activated by low energy status, AMPK phosphorylates key regulatory substrates and turns off anabolic biosynthetic pathways. In contrast, the mammalian/mechanistic target of rapamycin (mTOR) is active when there are sufficient nutrients for anabolic reactions. A critical factor regulating mTOR is phosphatidic acid (PA), a central metabolite of membrane lipid biosynthesis and the product of the phospholipase D (PLD)-catalyzed hydrolysis of phosphatidylcholine. PLD is a downstream target of the GTPase Rheb, which is turned off in response to AMPK via the tuberous sclerosis complex. Although many studies have linked AMPK with mTOR, very little is known about the connection between AMPK and PLD. In this report, we provide evidence for reciprocal regulation of PLD by AMPK and regulation of AMPK by PLD and PA. Suppression of AMPK activity led to an increase in PLD activity, and conversely, activation of AMPK suppressed PLD activity. Suppression of PLD activity resulted in elevated AMPK activity. Exogenously supplied PA abolished the inhibitory effects of elevated AMPK activity on mTOR signaling. In contrast, exogenously supplied PA could not overcome the effect AMPK activation if mTOR or Raptor was suppressed, indicating that the inhibitory effects of PLD and PA on AMPK activity are mediated by mTOR. These data suggest a reciprocal feedback mechanism involving AMPK and the PLD/mTOR signaling node in cancer cells with therapeutic implications.

AMP-activated protein kinase (AMPK) is a critical signaling node that responds to cellular energy levels and alters cell metabolism accordingly (1, 2). Altered metabolism has become a hallmark of cancer (3), and accordingly, AMPK is suppressed in many cancers (2). The best characterized mechanism for suppressing AMPK activity in human cancers is through mutations to the gene encoding liver kinase B1 (LKB1) (4). LKB1 had previously been reported to be a tumor suppressor associated with an inherited tumor susceptibility known as Peutz-Jeghers syndrome (5, 6). The discovery of the connection between LKB1 and AMPK (7–9) clearly implicated altered metabolism in cancer. In response to elevated AMP/ATP ratios, AMPK binds AMP and is then phosphorylated by LKB1. This leads to activated AMPK, suppression of anabolic metabolism, and a concomitant shift to catabolic events that generate ATP to restore energy homeostasis (2, 10).

In addition to causing a shift from anabolic to catabolic metabolism, AMPK also stimulates p53-dependent G1 cell cycle arrest (11, 12). The LKB1/AMPK pathway suppresses mammalian/mechanistic target of rapamycin (mTOR) signaling (13, 14). Suppression of mTOR also results in G1 cell cycle arrest (15). A key downstream target of AMPK is the tuberous sclerosis complex (TSC), consisting of TSC1 and TSC2. The TSC has a GTPase-activating protein (GAP) activity for the GTPase Ras homolog enriched in brain (Rheb) (16). AMPK phosphorylates TSC2 and activates its GAP activity, resulting in suppressed Rheb due to the hydrolysis of bound GTP to GDP. Rheb is a key regulator of mTOR complex 1 (mTORC1) (17). Thus mechanistically, activating AMPK could cause cell cycle arrest by suppressing mTOR. Of interest is that although GTP-bound Rheb is required for mTOR activation, Rheb binds mTOR in a GTP-independent manner (18). However, Rheb binds to and activates phospholipase D1 (PLD1) in a GTP-dependent manner (19). PLD generates the metabolite phosphatidic acid (PA), which is required for the stability and activity of the mTOR complexes mTORC1 and mTORC2 (20, 21). PLD activity is required for the stimulation of mTOR by growth factors (22) and amino acids (23, 24). Thus, a key role for Rheb could be the generation of PA needed for mTOR activity. PLD

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**Background:** AMPK, which monitors cellular energy levels, is dysregulated in most cancers.

**Results:** AMPK suppresses PLD activity, and PLD suppresses AMPK via mTOR.

**Conclusion:** PLD, which is elevated in many cancers, negatively regulates AMPK signals via mTOR.

**Significance:** This study implicates PLD and its metabolite phosphatidic acid as an integral part of energy input to mTOR.
activity is commonly elevated in human cancer cells and, like mTOR, promotes cell cycle progression and survival (22, 25).

Although the negative impact of AMPK on mTOR has been previously reported (13), much less is known about the impact of mTOR on AMPK signals. We report here that AMPK suppresses PLD activity in human cancer cells with elevated PLD activity and that PLD and PA suppress AMPK in an mTOR-dependent manner. This study reveals a means for cancer cells to suppress AMPK to promote cell proliferation.

EXPERIMENTAL PROCEDURES

Cells, Cell Culture Conditions, and Transfection—The MDA-MB-231, Calu-1, and BJ-hTERT cells used in this study were obtained from American Type Culture Collection. All cells were maintained in DMEM (Sigma-Aldrich D6429) supplemented with 10% fetal bovine serum (Sigma) and penicillin/streptomycin (Sigma-Aldrich). Transfections were performed using PolyFect (Qiagen) for plasmid transfection and Lipofectamine RNAiMAX (Invitrogen) for siRNA transfection according to the manufacturers’ instructions.

Materials—Reagents were obtained from the following sources. 12-O-Tetradecanoylphorbol-13-acetate (TPA) and antibodies against phospho-AMPK (Thr-172), AMPK, HA tag, S6 kinase, phospho-S6 kinase (Thr-389), eIF4E-binding protein 1 (4E-BP1), phospho-4E-BP1 (Thr-37/Thr-46), acetyl-CoA carboxylase (ACC), phospho-ACC (Ser-79), TBK1, Rheb, TSC2, phospho-TSC2 (Ser-1387), mTOR, Raptor, UNC-51-like kinase-1 (ULK1), phospho-ULK1 (Ser-555/Ser-757), and actin were obtained from Cell Signaling. Glucose-free DMEM (11966-025) was from Invitrogen. Dialyzed fetal bovine serum (F0392) was obtained from Sigma-Aldrich. siRNAs targeting LKB1 (sc-35816), AMPK (sc-45312), Raptor (sc-44069), and mTOR (sc-35409) were obtained from Santa Cruz Biotechnology, and siRNAs targeting Rheb (M-009692-02-0005), PLD1 (M-009413-00-0010), and PLD2 (M-005064-01-0010) were obtained from Dharmacon. 5-Aminimidazole-4-carboxamide ribonucleoside monophosphate or ZMP by adenylate kinase-1 (ULK1), phosphor-ULK1 (Ser-555/Ser-757), and actin were obtained from Cell Signaling. Glucose-free DMEM (11966-025) was from Invitrogen. Dialyzed fetal bovine serum (F0392) was obtained from Sigma-Aldrich. siRNAs targeting LKB1 (sc-35816), AMPK (sc-45312), Raptor (sc-44069), and mTOR (sc-35409) were obtained from Santa Cruz Biotechnology, and siRNAs targeting Rheb (M-009692-02-0005), PLD1 (M-009413-00-0010), and PLD2 (M-005064-01-0010) were obtained from Dharmacon. 5-Aminimidazole-4-carboxamide ribonucleoside (AICAR) and compound C were obtained from Tocris Bioscience. PLD inhibitors for PLD1 (VU0379595) and PLD2 (VU0285655-1), 1-palmitoyl-2-oleoyl-PA, and 1-palmitoyl-2-oleoyl-sn-glycero-3-phospho-1-serine (PS) in chloroform were purchased from Avanti Polar Lipids. 12-O-Tetradecanoylphorbol-13-acetate (TPA) and O

PLD Activity—PLD activity was determined by accumulation of the transphosphatidylation product $[^3]H$phosphatidylbutanol as described previously (21). Lipid membranes were labeled with $[^3]H$myristic acid (60 Ci/mmol, 1.5 μCi/ml; PerkinElmer Life Sciences) for 4 h. 1-BtOH was added for 20 min before lipids were collected. Lipids were extracted and separated by TLC along with a phosphatidylbutanol standard (Enzo Life Sciences BML-ST401-0050). The phosphatidylbutanol fraction was identified by co-migration with standards, and the level of the PLD product $[^3]H$phosphatidylbutanol was determined by scintillation counting after scraping the phosphatidylbutanol band from the TLC plates.

RESULTS

Activation of AMPK Suppresses PLD Activity—To investigate a connection between PLD and AMPK activities, we examined the effect of glucose deprivation, which is known to elevate AMPK activity, on PLD activity. We used two K-Ras-driven human cancer cell lines, MDA-MB-231 breast and Calu-1 lung, which we reported previously to have elevated PLD activity (26, 27). As expected, glucose deprivation resulted in elevated phosphorylation of AMPK at the LKB1 site (Thr-172) in both MDA-MB-231 and Calu-1 cells (Fig. 1A). As shown in Fig. 1A, glucose deprivation also led to suppression of PLD activity in both MDA-MB-231 and Calu-1 cells. These data reveal a correlation between elevated AMPK activity and suppressed PLD activity.

AMPK can be activated by AICAR, a cell-permeable nucleoside that is metabolically converted to 5-aminimidazole-4-carboxamide ribonucleoside monophosphate or ZMP by adenosine kinase. ZMP mimics the allosteric effects of AMP on the AMPK system (28). As shown in Fig. 1B, AICAR treatment activated AMPK as indicated by increased levels of phosphorylated AMPK at the LKB1 site. Also shown is the AICAR-induced increase in the level of phosphorylation of ACC, a substrate of AMPK that regulates the synthesis of fatty acids. We next examined the effect of AICAR on PLD activity, and as shown in Fig. 1C, AICAR suppressed the PLD activity in both MDA-MB-231 and Calu-1 cells. PLD catalyzes the hydrolysis of phosphatidylcholine to generate PA. We therefore examined the effect of AICAR on MDA-MB-231 cells treated with PA. Of
significance, the AICAR-induced increase in the phosphorylation of both AMPK and ACC was suppressed by PA treatment (Fig. 1D). In contrast, PS did not suppress AMP activation (Fig. 1E). We also examined the effect AICAR on the non-cancerous human fibroblast cell line BJ-hTERT. As shown in Fig. 1F, AICAR treatment also led to increased phosphorylation of AMPK and ACC, and the increased phosphorylation was suppressed by PA, indicating that the observed effects are not restricted to cancer cells. To further establish that the effect of exogenously added PA was not an artifact of the exogenous addition of PA, we investigated the effect of stimulating endogenous PA production with the phorbol ester TPA, which potently activates PLD (29). As shown in Fig. 1G, like exogenously supplied PA, TPA also suppressed the AICAR-induced increases in AMPK and ACC phosphorylation in MDA-MB-231 cells. These data demonstrate that elevated AMPK activity suppresses PLD activity and suggest that PLD-generated PA prevents AMPK activation.

Inhibiting AMPK Increases PLD Activity in a Rheb-dependent Manner—The data in Fig. 1 indicate that AMPK suppresses PLD activity. We therefore investigated the effect of inhibiting AMPK on PLD activity. We first examined the effect of compound C, a pharmacological inhibitor of AMPK. As shown in Fig. 2A, compound C inhibited the phosphorylation of both AMPK and ACC. Compound C also increased the PLD activity in both MDA-MB-231 and Calu-1 cells (Fig. 2A). We also sup-

**FIGURE 1. Activation of AMPK suppresses PLD activity.**

A. MDA-MB-231 and Calu-1 cells were plated at 80% confluence in 60-mm plates in DMEM containing 10% serum. 24 h later, the cells were shifted to either complete DMEM or DMEM lacking glucose. Both complete DMEM and DMEM without glucose contained 10% dialyzed fetal bovine serum. After 4 h, cells were harvested, and lysates were prepared and used for Western blot analysis of the levels of phospho-AMPK (P-AMPK), AMPK, and actin. The relative levels of AMPK phosphorylation were normalized to total AMPK and quantified using LI-COR Image Studio software. For PLD activity assay, [3H]myristic acid was added for 4 h in fresh medium to label lipids. 1-BtOH was added for 20 min, and the amount of the PLD-catalyzed transphosphatidylation product phosphatidylbutanol was determined as described under “Experimental Procedures.” Values were normalized to the levels of PLD activity in controls, which were given a value of 100%. B. MDA-MB-231 cells were plated as described for A, and 24 h later, AICAR (2 mM) was added for the indicated times. Cells were harvested, and the levels of phospho-AMPK, AMPK, phospho-ACC (P-ACC), ACC, and actin were determined by Western blot analysis. C. MDA-MB-231 and Calu-1 cells were plated as described for A, and AICAR was added for 45 min. The cells were then harvested, and the PLD activity was determined as described for A. D. MDA-MB-231 cells were plated as described for B. Where indicated, cells were treated with AICAR and/or PA (300 μM) for 45 min. The cells were then harvested, and the levels of phospho-AMPK, AMPK, phospho-ACC, ACC, and actin were determined as described for B. E. MDA-MB-231 cells were plated as described for B. Where indicated, cells were treated with AICAR and/or PS (300 μM) for 45 min. The cells were then harvested, and the levels of phospho-AMPK, AMPK, phospho-ACC, ACC, and actin were determined as described for B. F. BJ-hTERT cells were plated as described for D. Where indicated, cells were treated with AICAR and/or PA (300 μM) for 4 h. The cells were then harvested, and the levels of phospho-AMPK, AMPK, phospho-ACC, ACC, and actin were determined as described for D. G. MDA-MB-231 cells were plated as described for D. Where indicated, cells were treated with AICAR and/or TPA (100 nM) for 24 h. The cells were then harvested, and the levels of phospho-AMPK, AMPK, phospho-ACC, ACC, and actin were determined as described for D. Error bars for PLD assays represent S.D. for at least two independent experiments. The Western blots shown are representative of experiments repeated at least two times. The statistical significance (p value) was determined by Student’s two-tailed paired r test. *, p ≤ 0.01 compared with the control for all values. The relative levels of AMPK and ACC phosphorylation were normalized to total AMPK and total ACC, respectively, and quantified as described for A.
pressed the expression of AMPK and LKB1 using siRNA. As shown in Fig. 2B, suppression of either AMPK or LKB1 expression elevated PLD activity in both MDA-MB-231 and Calu-1 cells. Thus, activation of AMPK suppresses PLD activity, and suppression of AMPK elevates PLD activity.

AMPK phosphorylates TSC2 and activates its GAP activity for Rheb (16), resulting in the suppression of Rheb. Rheb binds to and activates PLD1 in a GTP-dependent manner (19). We therefore examined whether the elevated PLD activity observed in response to suppression of AMPK was dependent on Rheb. We stimulated PLD activity in MDA-MB-231 cells by suppressing AMPK expression with AMPK siRNA as shown in Fig. 2B and then examined the effect of suppressing Rheb expression on PLD activity. As shown in Fig. 2C, suppressing Rheb expression with siRNA prevented the induction of PLD activity observed with AMPK knockdown with siRNA. These data demonstrate that the increased PLD activity observed with AMPK inhibition was dependent upon Rheb.

**Inhibition of PLD Activates AMPK—**PLD catalyzes the hydrolysis of phosphatidylcholine to generate choline and PA. PA is required for mTOR complex stability (21) and activity (20). Because mTOR is sensitive to the energy status of the cell, we evaluated the effect of suppressing PLD activity on AMPK. We first examined the effect of PLD1 and PLD2 siRNAs on AMPK activity as measured by the level of phosphorylated AMPK and ACC. As shown in Fig. 3A, introduction of PLD1 and PLD2 siRNAs led to the suppression of PLD activity and elevated both AMPK and ACC phosphorylation levels. Similar results were obtained using catalytically inactive mutants of PLD1 and PLD2 (Fig. 3B) that act as dominant-negative mutants (21) or pharmacological inhibitors of PLD1 and PLD2 (Fig. 3C). Importantly, the effect of the PLD inhibitors on the phosphorylation of AMPK and ACC could be suppressed by exogenously supplied PA in both MDA-MB-231 and Calu-1 cells (Fig. 3, D and E), indicating that the effect of the inhibitors was due to preventing PA production. Thus, there appears to be reciprocal regulation of PLD by AMPK and of AMPK by PLD.

**Effects of PLD on AMPK Are Mediated by mTORC1—**The data presented in Figs. 1–3 reveal a reciprocal regulation of AMPK and PLD whereby suppression of AMPK activates PLD, and suppression of PLD activates AMPK. A critical target of PLD and PA is mTOR (25), which, like PLD, is dependent upon Rheb (16, 18). It was previously reported that rapamycin can increase phosphorylation of AMPK and ACC (30). We therefore examined whether suppression of mTORC1 would, like that of PLD, elevate AMPK activity. We treated MDA-MB-231 cells with siRNAs for both mTOR and the mTORC1 companion protein Raptor and examined the levels of AMPK and ACC phosphorylation. As shown in Fig. 4A, suppressing the expression of either mTOR or Raptor led to substantial increases in both AMPK and ACC phosphorylation. We next evaluated the effect of PA on AICAR-induced phosphorylation of TSC and the mTOR substrates S6 kinase and 4E-BP1. As expected, AICAR induced phosphorylation of TSC at the AMPK site at Ser-1387 and suppressed phosphorylation of the mTORC1 substrates S6 kinase and 4E-BP1 (Fig. 4B, left panels). Importantly, the effect of AICAR was reversed if cells were provided with PA, indicating that the effect of AICAR was the result of suppressing PLD activity. However, if the expression of either mTOR (Fig. 4B, middle panels) or Raptor (right panels) was suppressed with siRNA, PA was unable to reverse the effect of AICAR. These data demonstrate that the presence of PA overcomes the effects of AMPK activation, implicating PLD, and, importantly, that suppression of mTORC1 overcomes the ability of PA to suppress the effect of AICAR. The inability of PA to overcome the effect of AICAR in the absence of mTOR or
Raptor indicates that the effect of AICAR on mTORC1 is due to the suppression of PLD-stimulated PA production. The inability of PA to rescue the inhibitory effect of AICAR on TSC2 phosphorylation in the absence of either mTOR or Raptor supports the hypothesis that the effect of PA is dependent on mTOR.

We next evaluated the effect of PLD inhibition on autophagy as a readout for mTOR suppression. Autophagy is regulated by several kinases, including AMPK, a positive regulator of autophagy (31). Treatment with either AICAR or PLD inhibitors induced phosphorylation of ULK1 Ser-555, a site mediated by activated AMPK (Fig. 4C). In contrast, both treatments suppressed the phosphorylation of ULK1 at Ser-757, which is mediated by mTORC1. These data suggest that inhibition of PLD either directly with PLD inhibitors or indirectly with AICAR results in autophagy by inducing AMPK-ULK1 phosphorylation at Ser-555 and suppressing mTOR-ULK1 phosphorylation at Ser-757. These data are consistent with a recent study.
report by Min and co-workers (32), who reported that PLD inhibition enhances autophagic flux via ULK1. These data reveal that activation of AMPK or suppression of PLD contributes to activation of the autophagic kinase ULK1.

**DISCUSSION**

The level of nutrients and energy in cells is carefully monitored. Two critical signaling nodes for nutrient and energy sensing are AMPK and mTORC1, with AMPK being activated in response to energy deprivation and mTOR being activated by nutritional sufficiency. An emerging theme in cancer is that these signaling nodes are dysregulated, with AMPK being suppressed and mTOR being activated during tumorigenesis (33). One of the more common tumor suppressor genes is LKB1, which contributes to the suppression of AMPK when lost by mutation (34), underscoring the importance of AMPK suppression in tumorigenesis. In this study, we have provided evidence for reciprocal regulation of AMPK and mTOR involving PLD and its metabolite PA. Suppression of PLD activity increased the phosphorylation of AMPK at the LKB1 site at Thr-172 and of ACC at the AMPK site at Ser-79. Exogenously supplied PA suppressed phosphorylation of AMPK and ACC in an mTORC1-dependent manner. These data indicate that the elevated PLD activity commonly observed in human cancer cells (22, 25) contributes to the suppression of AMPK via activation of mTOR.

The suppression of AMPK in response to elevated PLD activity in cancer cells provides a positive feedback loop for sustaining elevated PLD and mTORC1 activity. This keeps the TSC GAP activity suppressed, and thus, Rheb remains GTP-bound and capable of activating PLD1. This is likely the case in cancer cells, where PLD activity is commonly elevated (22). However, the reverse could also be true, and elevated AMPK could suppress PLD activity, which would lead to less PA and an inactive mTOR and, as a consequence, prevent the suppression of AMPK. In this case, there is a positive feedback loop that favors AMPK. This is shown schematically in Fig. 5. It is not clear at this point what determines which loop will predominate: the one that favors AMPK or the one that favors PLD and mTOR. However, this is an important point with implications for tumorigenesis and possible therapeutic options.

The regulation of mTOR by AMPK has two separate pathways, one of which goes through phosphorylation of TSC2 and activation of the GAP activity for Rheb (13, 14). However, AICAR can still suppress mTOR in TSC2/H11002/H11002 cells, which led to the discovery that AMPK can also suppress mTORC1 by direct phosphorylation of the mTORC1 substrate-recognizing subunit Raptor at Ser-792 (35, 36). These findings indicate that the relationship between AMPK and mTOR is complex and that there may be multiple connections between the two signaling nodes that monitor nutrient and energy sufficiency. It is not clear how PLD and mTOR suppress AMPK; however, it was reported previously that rapamycin can stimulate the phosphorylation of AMPK at the LKB1 site at Thr-172 and of ACC at the AMPK site at Ser-79 (30). This can be achieved at low nanomolar concentrations of rapamycin that suppress S6 kinase phosphorylation but that have no effect on 4E-BP1 phosphorylation (37, 38), suggesting a role for S6 kinase.
In contrast with cancer and other proliferating cells, AMPK stimulates glucose uptake when ATP levels are reduced (39). Interestingly, it has been reported that AMPK activates PLD1 in muscle cells and that PLD activation is required for glucose uptake (40, 41). This apparently occurs via direct phosphorylation of PLD1 by AMPK at Ser-505 and requires ERK (40). Nutrients promoting the production of PA by PLD and the stabilization of mTORC1. Active mTORC1 then causes suppression of AMPK in a manner that is likely dependent on S6 kinase in that rapamycin has been reported to activate AMPK (30) at concentrations that suppress S6 kinase (38). Other signals promoted by oncogenic stimuli contribute to the activation of this pathway, such as mTORC2-Akt, which suppresses TSC (16), and Ras, which leads to PLD activation (27). It is also important to note that mTOR is an integrator on nutrient and growth factor signals (54), both of which are required for cell cycle progression and proliferation. mTOR requires amino acids (55), glucose (44), and possibly lipids (51) for activity.

![Diagram](image)

**FIGURE 5. Model for reciprocal regulation of AMPK and PLD.** Two scenarios are presented for the regulation of PLD by AMPK and the regulation of AMPK by PLD. A, AMPK is activated by the presence AMP and phosphorylation by LKB1. AMPK then phosphorylates TSC, which stimulates the GAP activity of TSC for Rheb, resulting in the hydrolysis of bound GTP to GDP and inactivation of Rheb. As a consequence, PLD is not activated (19), and the PA needed for cell cycle progression and proliferation. mTOR requires amino acids (55), glucose (44), and possibly lipids (51) for activity.

In this study, we have provided evidence for a reciprocal regulation of PLD and mTOR by AMPK and of AMPK by PLD and mTOR. A theme that has emerged in cancer is that it is critical to keep AMPK activity suppressed, as evidenced by the frequency of LKB1 mutations in cancer (4). There are two means for AMPK to suppress mTOR: indirectly through phosphorylation of TSC (13, 14) and directly through phosphorylation of Raptor (35, 36). It has been speculated that the most commonly dysregulated signals in human cancer are those that lead to elevated mTOR activity (48, 49). In this regard, it is significant that PLD activity is elevated in a wide variety of human cancers and cancer cell lines (22, 25). The finding here that PLD suppresses AMPK in an mTOR-dependent manner is consistent with a central role for PLD and its metabolite PA in signals involved in the regulation of nutrient and energy status. PA occupies a central spot in membrane phospholipid biosynthesis and is therefore an ideal indicator of lipid sufficiency. It could also indicate sufficient glucose and glutamine, which are key nutrients that are incorporated into PA (50). We have proposed that the PA requirement of mTOR evolved as a means to sense the presence of sufficient materials for membrane synthesis to complement the ability to sense amino acids (50, 51). Consistent with this hypothesis, the enzymes involved in the de novo synthesis of PA stimulate mTOR (52, 53), indicating that the PA requirement of mTOR is related to the ability to synthesize membrane phospholipids. Given that AMPK is an important mediator of energy homeostasis, it is not surprising that AMPK regulates the level of PA, a metabolite at the center of membrane lipid biosynthesis and a critical factor for mTOR activity.

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Reciprocal Regulation of AMPK and PLD

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